

Taste It

拍数: 32 墙数: 2 级数:
编舞者: Crazy Chris (UK)
音乐: Taste It - Blue



KICK & KICK &, ROCK & BACK, BEHIND ¼ STEP, KICK & KICK &

1&2& Kick right forward, step forward onto right, kick left forward, step forward onto left
3&4 Rock forward onto right, recover onto left, step back right
5&6 Step back left, turn ¼ right stepping right forward, step left forward
7&8& Kick right forward, step right forward, kick left forward, step left forward

ROCK & BACK, BEHIND ¼ CROSS, TOUCH & TOUCH & TOUCH ½ TOUCH

1&2 Rock forward right, recover onto left, step back right
3&4 Step back left, ¼ turn right stepping right to right side, cross left over right
5&6& Touch right to right side, step right beside left, touch left to left side, step left beside right
7&8 Touch right to right side, ½ turn right stepping right beside left, point left to left side

ROCK & ¼ STEP ¾, SIDE SHUFFLE, ROCK & POINT

1&2 Rock left diagonally across right, recover onto right, ¼ turn left stepping left forward
3-4 Step right forward, unwind ¾ turn taking weight onto left
5&6 Step right to right side, step left beside right, step right to right side
7&8 Rock diagonally back right with left, recover onto right, point left to left side

BUMP &, BUMP &, BUMP & TOUCH, KICK BALL POINT, ½ TURN SHOULDER POPS

1&2& Bump hips left, bump hips right, bump hips left, bump hips right
3&4 Bump hips left, bump hips right, bump hips left as u touch right beside left
5&6 Kick right forward, step right beside left, touch left to left side
7&8 ½ turn left stepping left beside right, pop right shoulder up, pop left shoulder up

REPEAT

When doing the hip bumps to add extra style do them in a backwards c shape

This dance is dedicated to my sister Katie Adams as a thank you for everything she does for me and our dance club