TB's Fifty-Fifty



拍数: 64 墙数: 1 级数:

编舞者: Su Marshall (NZ)

音乐: Fifty-Fifty Love - Lee Roy Parnell



TOE STRUT, TOE STRUT, KICK, KICK, COASTER

1-2 Step forward on toes of right foot, step down on whole of right foot (click fingers of left hand)

("toe strut")

3-4 Toe strut on left (click fingers of right hand)

5-6 Kick right foot forward twice

7&8 Step back on right, close left to right, step forward on right ("coaster" step)

SIDE, CLOSE & 1/4 TURN, ROCK BACK, FORWARD, STEP, BALL-CHANGE CROSS, UNWIND

1 Step left to side

2 Slide right to close & turn 1/4 to the right

3-4 Step-rock back on right, rock forward onto left

Step forward on right, step left to side, step right in place 7-8 Cross left in front of right, unwind ½ turn to the right

SWAY RIGHT, LEFT, RIGHT, HITCH & ½ TURN, SWAY LEFT, RIGHT, LEFT, HITCH & ¼ TURN

1-2 Step right to side & sway hips to right, sway hips to left

3 Sway hips to right (transferring weight to right foot) & turn ½ to the right on ball of right foot

(lifting left knee forward)

4 Hold & click both sets of fingers at about waist height (or whatever is comfy for you)

5-6 Step left to side & sway hips to left, sway hips to right

7 Sway hips to left (transferring weight to left foot) & turn ¼ to the left on ball of left foot (lifting

right knee forward)

8 Hold & click fingers

TOUCH SIDE, HITCH, SIDE, HITCH, KICK ACROSS, BALL-CHANGE, HIP BUMPS

1-2 Touch right toe to side, lift right knee across left ("hitch")

3-4 Touch right to side, hitch across

5 Kick right foot across left

&6 Step right to right side, step left in place 7-8 Bump hips to right side, bump to left side

CROSS BEHIND, SIDE, CENTER, CROSS BEHIND, SIDE, CENTER, TOUCH SIDE, TOUCH SIDE

1-2-3 Cross right behind left, step left to side, step right in place 4-5-6 Cross left behind right, step right to side, step left in place

7 Hop onto right & touch left toe to side (click fingers of right hand in front of right leg with arms

straight down)

8 Hop onto left & touch right toe to side. (click fingers of left hand in front of left leg with arms

straight down)

HITCH & TURN TO 45 DEGREES, STEP BACK, KICK, BALL-CHANGE, HITCH & TURN OPPOSITE 45 DEGREES, STEP BACK, KICK, BALL-CHANGE

1 Lift right knee forward & swivel on ball of left to face left 45 degrees

2 Step back on right (still on same angle)

3&4 Kick left forward, step down on left, step down onto right

5 Lift left knee forward & swivel on ball of right foot to face right 45 degrees

6 Step back on left (still on same angle)

7&8 Kick right forward, step down on right, step down onto left

SHUFFLE FORWARD RIGHT, LEFT, ROLLING TURN, STEP

1&2 Step forward on right (still facing same angle), close with left, step forward right ("shuffle"

step)

Shuffle forward starting with left (still facing same angle)
 Turn to the right to face 3:00 wall & step forward on right

6 ½ turn to the right & step back on left 7 ½ turn to the right & step forward on right

8 Step forward left

STEP, ROCK, BACK, ROCK, 1/4 TURN & STEP, CLOSE & TURN, WIGGLE

1-2 Step forward on right, rock back onto left
3-4 Step back on right, rock forward onto left
5 ¼ turn to the right & step forward on right

6 Close left to right with ½ turn to the right on ball of right foot

You should be facing your front wall

7&8 Wiggle hips quickly from right to left twice

REPEAT