

Tears On My Pillow

COPPER KNOB
STEPSHEETS

拍数: 32 墙数: 2 级数: Improver
编舞者: Jytte Stougaard (DK)
音乐: Tears On My Pillow - Sha Na Na



WALK FORWARD RIGHT TOUCH LEFT TO RIGHT OSV, RIGHT SIDE TOGETHER SIDE CLAP, LEFT SIDE TOGETHER SIDE CLAP

- 1-4 Turn 1/8 left (10:30) and step right to right side diagonally, step left to right, step right to right side and touch left and clap (bend your elbows and push forward and back, move hips forward and back (Jamaica rolls))
- 5-8 Turn 1/8 left (9:00), step left to left side diagonally, step right to left, step left to left side and touch right and clap

RIGHT SIDE CROSS ROCK LEFT, LEFT SIDE CROSS ROCK RIGHT, ¼ TURN, RUN, RUN

- 1-2& Long step to right, cross left over right, recover to right
- 3-4& Long step to left, cross right over left, recover to left
- 5-6& Long step to right, cross left over right, recover to right
- 7-8& ¼ turn left, run right run left

RUN, ROCK FORWARD, ¼ TURN LEFT, CROSS ROCK SIDE

- 1-2& Run right, rock forward left, recover to right
- 3-4& Turn ¼ left and long step to left, cross right over left, recover to left
- 5-6& Long step to right, cross left over right, recover to right
- 7-8 Long step to left, cross right over left

SIDE BEHIND ¼ TURN LEFT, STEP FORWARD RIGHT, ROCK FORWARD LEFT RECOVER STEP BACK COASTER SIDE ROCK ¼ TURN RIGHT

- 1-2& Step left to left side, cross right behind left, ¼ turn left step forward left
- 3-4& Step forward right, rock forward left, recover to right
- 5-6& Step back left, coaster, step back right step left to right
- 7-8&a Step forward right, side rock to left, ¼ turn right, quick step left to right

REPEAT

TAG AND RESTART

During wall 3 you dance the first 17 steps, then

- 18 Step forward left
- 19 Make ¼ turn right
- 20 Step to right side
- 21 Step left to right (weight on left foot) (12:00)

ENDING

When you start on the 5th wall you'll only dance the first 8 count in the dance traveling forward