Ten Rounds



拍数: 32 墙数: 4 级数: Intermediate

编舞者: Terry Hogan (AUS)

音乐: Ten Rounds With Jose Cuervo - Tracy Byrd



ROCK FORWARD, BACK ½R, FORWARD, HOLD, FORWARD, FORWARD, ROCK, REPLACE ½ LEFT, FORWARD

1-2	Rock-step right foot forward, rock backward onto left making ½ turn right
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3-4 Step right forward, hold

&-5 Step left slightly forward, step right forward

6-7 Rock-step left foot forward, rock backward onto right foot making ½ turn left

8 Step left foot forward

SHUFFLE, FORWARD, FORWARD ½ PIVOT LEFT, ½ LEFT, ROCK BACK, FORWARD

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9&10	Shuffle forward right left right

11 Step left foot forward

12-13 Step right forward, make ½ pivot turn left and step forward onto left foot

14 Step right forward and make ½ turn left

15-16 Rock-step left foot backward, rock forward onto right

SHUFFLE, CROSS, SIDE, 1/2 RIGHT SHUFFLE, SAILOR STEP

17&18	Shuffle to the left side left, right, left
19-20	Step right foot across in front of left, step left foot to the side
21&22	Make ½ turn right on ball of left foot and shuffle to the right side right, left, right
23&24	Step left across behind right, step ball of right to the side, replace weight on left

ROCK BEHIND, REPLACE, SIDE, 1/4L, SHUFFLE 1/2 LEFT, SHUFFLE 1/2 LEFT

25-26	Rock-step right foot across behind left, replace weight on left foot
27-28	Step right to the side, make ¼ turn left and step forward onto left foot
29&30	Shuffle forward right, left, right making ½ turn left
31&32	Shuffle backward left, right, left making ½ turn leftfinish the shuffle traveling forward

REPEAT

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After the 2nd wall (you will be facing the back)

1-10	Repeat first 10 counts of main dance
11-12	Step left forward, make ½ pivot turn right and step forward onto right foot
13-14	Rock-step left forward, rock back onto right
15-16	Rock-step left backward, rock forward onto right
&	Step left foot beside right

At the end of the 7th complete wall the music slows and you need to slow the last 8 counts of the dance for 8 beats to keep in time. It is difficult to count so if you have problems it is reasonably easy to hear when the rhythm kicks in again to restart.