This Country's Rockin'



拍数: 128 墙数: 1 级数: Intermediate / Advanced

编舞者: Jo Thompson Szymanski (USA), Barry Amato (USA) & Dari Anne Amato (USA)

音乐: This Country's Rockin' - The Judds



Adapted by Michael Barr & Jo Thompson

You can think of this first part as the 'Nosey Joe' part which consists, in part, of Barry & Dari Anne's dance **VINE RIGHT - POINT CROSS TWICE**

1-2	Step right side right, step left behind right
3-4	Step right side right step left in front of right
5	Touch right side right (flash hands out to sides with fingers spread, elbows bent)
6	(Return hands to center of body), step slightly forward on right
7	Touch left side left (flash hands out to sides with fingers spread, elbows bent)

(Return hands to center of body), step left next to right

SHUFFLE 1/4, SHUFFLE 1/2 - REPEAT

1&2	Turn $\frac{1}{4}$ right and shuffle - right, left, right with right foot in front (travel very slightly)
3&4	Turn ½ left and shuffle - left, right, left with left foot in front (travel very slightly)
5&6	Turn ¼ right and shuffle - right, left, right with right foot in front (travel very slightly)
7&8	Turn ½ right and shuffle - left, right, left with left foot in front (travel very slightly) (facing back
	wall)

DO THAT ALL AGAIN

8

1-16 Repeat counts 1-16 (end on front wall)

SIDE RIGHT, HOLD, CROSS BEHIND, UNWIND - FORWARD, HOLD, 1/2 PIVOT, HOLD,

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1-2	Step right side right while right arm swings out from right side and up over head, hold and snap right hand
3-4	Hook left foot behind right as arm comes down, unwind ¾ turn left transferring weight to left and snap right hand
5-6	Step right forward, hold
7-8	Pivot ½ left taking weight onto left, hold (facing ¼ left of starting wall)

1/4 TURN SWIVEL WALKS - KNEE "WAG" WITH FINGER SNAPS

1-2	Turn $\frac{1}{4}$ right step right forward and swivel slightly right, step left forward and swivel slightly left					
3-4	Step right forward and swivel slightly right, step left forward and swivel slightly left					
Walk with hand	Walk with hands/fingers flashing out from sides at waist level					
5	Turn ¼ left, press ball of right to right side and "wag" or pop right knee out with right hand					
	finger snap					
&6	"Wag" right knee in, "wag" right knee out with right hand finger snap					
&7	"Wag" right knee in, "wag" right knee out with right hand finger snap					
&8	"Wag" right knee in, "wag" right knee out with right hand finger snap, transfer weight to left					
While "wagging", keep a bent right knee						

& TOGETHER,	BACK, HOLD (DRAG), ROCK BACK, REPLACE, SHUFFLE, STEP, ½ TURN
&1-2	Step ball of right next to left, step left to left side, hold, allowing the right to start sliding towards the left
3-4	Turn ¼ right, rock back onto right, return weight to left in place
5&6	Shuffle forward - right, left, right
7-8	Step forward with left foot, turn ½ right, shift weight forward to right foot

SHUFFLE, STEP, 1/2 TURN - OUT OUT, HOLD, HOLD, JUMP TOGETHE	SHUFFLE	STEP. ½ TUF	N - OUT OUT.	HOLD, HOLD,	. JUMP TOGETHER
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1&2 Shuffle forward - left, right, left

3-4 Step forward with right foot, turn ½ left, shift weight forward to left foot

&5-6 Step right foot side right, step left foot to left side, hold

7-8 Hold, jump feet together right, left (facing front)

You can think of this as the 'Jukebox' part which consists of the first 28 counts of Jo's original dance (RIGHT) KICK, KICK, TRIPLE STEP - (LEFT) KICK, KICK, TRIPLE STEP

1-2 Kick right foot across front of left, kick right foot to right side

3&4 Step right foot crossed behind left, step left foot to left side, step right foot slightly forward

5-6 Kick left foot across front of right, kick left foot to left side

7&8 Step left foot crossed behind right, step right foot to right side, step left foot slightly forward

ROCK FORWARD, RECOVER, TRIPLE STEP WITH ½ TURN RIGHT, TOUCH SCOOT WITH ½ TURN RIGHT, ROCK BACK, RECOVER

1-2 Rock forward with right foot, recover weight to left foot in place

Turn ¼ right and step right foot to right side, step together with left, turn ¼ right and step

forward with right

5&6 Turn ¼ right and touch ball of left to floor behind right heel, turn ¼ right and lift left foot up

and scoot back slightly with right foot, step back with left foot

Think of counts 3-6 as a smooth continuous turn traveling toward the wall opposite of the one you were facing when you started the dance. For an easier version of the "touch, scoot, step" on counts 5 & 6, replace it with a triple step left, right, left completing that ½ turn

7-8 Rock back with ball of right foot, replace weight forward to left foot

DIAGONAL STEP, DRAG, 2 KNEE POPP - DIAGONAL. STEP, DRAG, 2 KNEE POPS

1-2 Large step with right foot to right forward diagonal, slide left foot up to meet right

&3 (Feet are together) bend both knees lifting heels slightly, straighten both legs lowering heels

softly

&4 Bend both knees lifting heels slightly, straighten both legs lowering heels softly

5-6 Large step with left foot to left forward diagonal, slide right foot up to meet left

&7 (Feet are together) bend both knees lifting heels slightly, straighten both legs lowering heels

softly

&8 Bend both knees lifting heels slightly, straighten both legs lowering heels softly

SYNCOPATED JUMPS BACK - KICK & SCOOT X 4 (CHUCK BERRY GUITAR STRUM)

&1-2 Step right foot to right back diagonal, touch left foot beside right, hold &3-4 Step left foot to left back diagonal, touch right foot beside left, hold

5-6 Kick right foot to left diagonal while scooting forward on the left diagonal on the left foot,

repeat

7-8 Kick right foot to left diagonal while scooting forward on the left diagonal on the left foot,

repeat

Act as if you have a guitar in your hands, right hand strumming the strings, left hand holding the neck

ROCK FORWARD, RECOVER, BACK, RECOVER - STEP FORWARD, ½ PIVOT, ½ TURN STEPPING BACK ON RIGHT THEN LEFT, HOLD & CLAP

1-2 Rock forward with right foot to left front diagonal, recover weight to left foot in place

Rock back with right foot, recover weight to left foot in place Step right forward (still on left diagonal), pivot ½ turn left

3-6 Step fight forward (Still Off left diagonal), pivot 72 turn left

&7-8 Turn ½ left stepping onto right, step onto left (feet are apart), hold & clap (still facing left

diagonal)

STEP RIGHT & LEFT GOING BACK ON RIGHT DIAGONAL, HOLD/CLAP X 3, (&) STEP IN PLACE, CROSS STEP. UNWIND 3/4 TURN RIGHT

&1-2 Step slightly back with right, step slightly back with left, hold & clap Step slightly back with right, step slightly back with left, hold & clap

&5-6 Step slightly back with right, step slightly back with left, hold & clap

&7-8 Step ball of right in place, cross step left in front of right, unwind a full turn right taking weight

onto right foot, end facing front wall

As you unwind allow the right arm to come across your body and point to your left

HIP BUMPS FOR 8 COUNTS WITH POINTED INDEX FINGER LEFT TO RIGHT

1& Step left side left bumping hips to the left, hips center

2-8 Repeat 1& six more times and end with weight on left (2&3&4&5&6&7&8)

As you start with the bumps, allow your arm to move from crossed in front to left to side right with pointed index finger

You may want to just do your own thing here. Maybe some knee pops like above. You have 8 counts. Play! SHUFFLE, ½ TURN LEFT, SHUFFLE - SHUFFLE, ½ TURN LEFT, SHUFFLE

Shuffle forward - right, left, right
Turn ½ left on ball of right
Shuffle forward - left, right, left
Shuffle forward - right, left, right
Turn ½ left on ball of right
Shuffle forward - left, right, left

These shuffles are done almost in place with just the smallest amount of forward motion

REPEAT

TAG

Add these 8 counts onto the end of the first round only (this makes the first round 136 counts) STEP RIGHT SIDE RIGHT, HOLD, HOLD, HOLD, STEP FORWARD, PIVOT ½ LEFT, STEP FORWARD, PIVOT ½ LEFT

1-2 Step right side right, hold

3-4 Hold, hold (shift weight to left foot during this last hold)

5-6 Step forward with right, pivot ½ left taking weight onto left foot 7-8 Step forward with right, pivot ½ left taking weight onto left foot

ENDING

On the 4th repetition, here's what you do:

VINE RIGHT - TOUCH (SAME), CROSS, UNWIND, HOLD (NEW)

1-16	Same as in the regular dance
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17-18 Step right side right, step left behind right (same as before)
19-20 Step right side right, step left in front of right (same as before)

21-22 Point right side right (same as before), cross right ball of foot over in front of left

23-24 Unwind ½ left transferring weight to right and pop left knee with arms up over head into a

high "V", hold

TAH! DAH!

For that real polished look, try this during the first 16 counts of the music:

1-8 Feet together for 8 counts of instrumental with head down

Men and ladies can now strike a pose:

1 LADY: Take small step with right ball of foot slightly forward and pull shoulders back and

head up

MAN: Take small step to the right side with right foot with hands out to sides with fingers

spread apart and head up

2-4 Hold for 3 counts

5-6 Step right foot forward, pivot ½ left, taking weight onto left foot 7-8 Step right foot forward, pivot ½ left, taking weight onto left foot

Start the dance

When Michele and I landed in Denver, Colorado, Jo Thompson, along with Barry & Dari Anne Amato, had been working on something. John Robinson drove in the next day and met us at the Dance studio and we all got to work. We had a ball learning the routine (what great teachers) and performed it in the Saturday night show at the Pikes Peak Line Dance.....or Bust event in April of 2003. What we have done here is taken out

the couples parts and put in transitions to make it a one wall line dance. We hope you enjoy the dance. It makes you feel like a performer Have a ball! - Michael Barr