Three Minute Positive 47 Count Up-Tempo Line Dance



编舞者: Maureen Jones (UK) & Michelle Jones (UK)

音乐: Three Minute Positive Not Too Country Up-Tempo Love Song - Alan Jackson



Listen to the music first and you will know exactly when to dance the Slow Tempo and Up-Tempo Sections. The Slow Tempo Section is only danced three times during the instantly identifiable slow tempo sections of the song. Immediately after the first Slow Tempo Section has been danced, dance only counts 1-16 of the following Up-Tempo Section, then continue dancing all sections fully until the end of the dance

PART A (UP-TEMPO SECTION)

KICK, STEP, CROSS, HITCH, POINT, TOUCH, POINT, 1/4 TURN WITH HOOK

1-2	Kick right forward, step right beside left
3-4	Step left across right, hitch right knee
5-6	Point right to right, touch right beside left

7-8 Point right to right, on ball of left make ¼ turn right and hook right across left

STEP, CLOSE, STEP, SCUFF, STEP, ½ TURN, ¼ TURN, HOLD

9-10	Step right forward, step left beside right
11-12	Step right forward, scuff left forward
13-14	Step left forward_pivot ½ turn right (weight er

13-14 Step left forward, pivot ½ turn right (weight ends on right)
15-16 On ball of right make ¼ turn right and step left to left, hold

BEHIND, SIDE, CROSS, HOLD, KICK, STEP, 1/4 TURN, SCUFF

17-18	Step right bening left, step left to left
19-20	Step right across left, hold

21-22 Kick left diagonally forward left (angle body left), step left beside right 23-24 On ball of left make ¼ turn right and step right forward, scuff left forward

ROCK FORWARD, ROCK BACK, STEP, TOGETHER, HEELS OUT, HEELS IN

25-26	Rock forward on left, recover back on right
27-28	Rock back on left, recover forward on right
29-30	Step left forward, step right beside left

31-32 On balls of both feet split heels out, return heels to center

PART B (SLOW TEMPO SECTION)

STEP, KICK, STEP, TOUCH, STEP, KICK, STEP, TOUCH

1-2	Step right diagonally forward right, kick left forward and across right
3-4	Step left diagonally back left, touch right back and behind left

5-8 Repeat counts 1-4 above

SIDE SHUFFLE, ROCK, SIDE SHUFFLE, TOUCH

9&10	Step right to right, step left beside right, step right to right
11-12	Rock left behind right, recover on right

13&14 Step left to left, step right beside left, step left to left

15 Touch right beside left