

3-4-1

拍数: 64 墙数: 4 级数: Improver
编舞者: Maureen Jones (UK) & Michelle Jones (UK)
音乐: Elvis Medley - The Deans Brothers



DIAGONALLY FORWARD TRAVELING TWISTS AND HITCHES

During counts 1-3 face 10:00 and travel sideways towards 2:00

- 1-3 Step right to right and twist both heels right, twist both toes right, twist both heels right
4 Hitch left knee and straighten body to face front wall (12:00)

During counts 5-7 face 2:00 and travel sideways towards 10:00

- 5-7 Step left to left and twist both heels left, twist both toes left, twist both heels left
8 Hitch right knee and straighten body to face front wall (12:00)

VINES AND KICKS

- 9-12 Step right to right, step left behind right, step right to right, kick left across right
13-16 Step left to left, step right behind left, step left to left, kick right across left

DIAGONALLY BACKWARD TRAVELING TWISTS AND HITCHES

During counts 17-19 face 2:00 and travel sideways towards 4:00

- 17-19 Step right to right and twist both toes right, twist both heels right, twist both toes right
20 Hitch left knee and straighten body to face front wall (12:00)

During counts 21-23 face 10:00 and travel sideways towards 8:00

- 21-23 Step left to left and twist both toes left, twist both heels left, twist both toes left
24 Hitch right knee and straighten body to face front wall (12:00)

VINE AND KICK, VINE WITH ¼ TURN AND SCUFF

- 25-28 Step right to right, step left behind right, step right to right, kick left across right
29-32 Step left to left, step right behind left, make ¼ turn left and step left forward, scuff right forward

TOE-STRUT AND ROCK TWICE

- 33-34 Step right toe forward, drop right heel to floor
35-36 Rock forward on left, recover weight back on right
37-38 Step left toe back, drop left heel to floor
39-40 Rock back on right, recover weight forward on left

TOE-STRUTS MAKING ½ TURN LEFT

- 41-42 Step right toe forward, drop right heel to floor
43-44 Making ¼ turn left step left toe across right, drop left heel to floor
45-46 Making ¼ turn left step right toe back, drop right heel to floor
47-48 Step left toe back, drop left heel to floor

TOE DIG, KICK, TOUCH, CLAP, KNEE TWISTS, STEP

- 49-52 Dig right toe beside left in-step, kick right forward, touch right toe forward, hold & clap
53-56 Twist right knee in, twist right knee out, twist right knee in, step down on right in place

TOE DIG, KICK, TOUCH, CLAP, KNEE TWISTS, STEP

- 57-60 Dig left toe beside right in-step, kick left forward, touch left toe forward, hold & clap
61-64 Twist left knee in, twist left knee out, twist left knee in, step down on left in place

REPEAT

