

拍数: 32 墙数: 4 级数: Intermediate
编舞者: Derek Steele (USA)
音乐: Remember the Time - Michael Jackson



STEP RIGHT, TOUCH LEFT, STEP LEFT, TOUCH RIGHT, LEFT PADDLE TURN

- 1-2 Step right, touch left
- 3-4 Step left, touch right
- &5 Hitch right with a ¼ turn left, point right out to side
- &6 Hitch right with a ¼ turn left, point right out to side
- &7 Hitch right with a ¼ turn left, point right out to side,
- &8 Hitch right with a ¼ turn left, point right out to side, (full paddle turn)

BODY ROLL RIGHT, BODY ROLL LEFT, HIP BUMPS FORWARD & BACK AT ANGLE

- 1-2 Body roll right (take weight on right)
- 3-4 Body roll left (take weight on left)
- 5&6& Point right foot forward at an angle and bump your hips forward right, bump back left, bump forward right, bump back left
- 7&8& Bump forward right, bump back left, bump forward right, bump back left
(Option during hip bumps shake right hand towards ground like shaking dice)

RIGHT SHUFFLE FORWARD, ½ TURN LEFT, MOONWALK

- 1&2 Shuffle forward right, left, right
- 3& Shift weight to left while popping right knee, on the balls of both feet turn ½ left,
- 4 Take weight on right while popping left knee
- 5-6-7-8& Walk back left, right, left, right, touch left next to right, (for styling try Moonwalking)

LEFT SHUFFLE FORWARD, ¼ TURN LEFT, ANKLE ROLLS WITH ¼ LEFT (TWICE)

- 1&2 Shuffle forward left, right, left
- 3-4 Step forward right, turn ¼ left taking weight on the right
- 5& Touch left toe next to right heel, turn ¼ left by rolling the left knee to the left taking weight on left
- 6 Roll right knee to the left and step together with the right foot slightly back
- 7,8 Touch left toe next to right heel, turn ¼ left by rolling the left knee to the left, (almost at the same time you will be rolling the right knee to the left) weight will end on the left

Styling note: counts 5&6-7-8 are from the dance style called "pop locking".
This type of dance, popular in the 80s, became a Michael Jackson trademark.

Start Dance Over Again

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