

Tiggerific

COPPER KNOB
STEPSHEETS

拍数: 64 墙数: 2 级数: Intermediate
编舞者: Doug Miranda (USA) & Jackie Miranda (USA)
音乐: Tiggerific Birthday Party - Disney Records



HOP FORWARD, HOLD, HOP BACK, HOLD, OUT-OUT, HOLD, IN-IN, HOLD

- &1-2 Hop forward by jumping forward on right for & count, step left next to right for count 1, hold on 2
&3-4 Hop back by jumping back on right for & count, step left next to right four count 3, hold 4
&5-6 Step right out to right side, step left out to left side, hold
&7-8 Step right in, step left in next to right, hold (weight is on left)

For added fun and energy, you can bounce up then down on heels on the hold counts

ROCK BACK, RECOVER, SHUFFLE FORWARD, ½ TURN RIGHT, ½ TURN RIGHT

- 1-2 Rock back on right, recover on left
3&4 Shuffle forward right, left, right
5-8 Step forward on left, pivot and turn ½ turn right, step forward on left, pivot and turn ½ turn right

ROCK SIDE LEFT, RECOVER RIGHT, SIDE CROSS SHUFFLE, ¾ TURN, SHUFFLE FORWARD

- 1-2 Rock left to left side, recover on right
3&4 Cross left over right, step right to right, cross left over right (side cross shuffle)
5-6 Turn a ¼ turn left stepping back on right, continue to turn a ¼ left stepping left to left side (you have done a ½ turn)
7&8 Continue to turn a ¼ turn left (to complete the ¾ turn) as you shuffle forward right, left, right

ROCK FORWARD, RECOVER, STEP LOCK BACK, STEP LOCK BACK, ½ TURN LEFT

- 1-2 Rock forward on left, recover on right
3&4 Step lock back left, right, left
5&6 Continue to travel back with step locks back right, left, right
7-8 Turn a ¼ turn left stepping left to left side, make another ¼ turn left stepping forward on right (completing a ½ turn)

ROCK FORWARD, RECOVER, ¼ TURN LEFT COASTER STEP, ROCK FORWARD, RECOVER, BACK COASTER STEP

- 1-2 Rock forward on left, recover on right
3&4 Turn a ¼ turn left as you step back on left, step right next to left, step left forward
5-6 Rock forward on right, recover on left
7&8 Back coaster step right, left, right

FORWARD HEEL TAPS, BACK TOE TAPS, HEEL BOUNCES

- 1-4 Tap left heel forward 2 times, tap left toe back 2 times
5-8 Bring left next to right and bounce up and down on heels for 4 counts ending with weight on left

For added fun, on counts 5-8 you can do this sequence of bounce variations:

1st time: pretend you are jumping rope as you move your hands as if twirling a jump rope while bouncing up and down

2nd time: bounce up and down while rotating a full turn, landing each bounce ¼ turn to the left, ending at front wall

3rd time: bounce as high as you can, in place, with arms at sides and hands parallel to the floor (penguin-style)

4th time: do jumping jacks (feet out, arms up; then feet in, arms at sides; repeat)

5th time: pretend you are jumping rope as you move your hands as if twirling a jump rope while bouncing up

and down

6th time: bounce up and down while rotating a full turn, landing each bounce $\frac{1}{4}$ turn to the left, ending at front wall

ROCK RIGHT SIDE, RECOVER LEFT, CROSS SHUFFLE TO LEFT, ROCK LEFT SIDE, RECOVER RIGHT, CROSS SHUFFLE TO RIGHT

- 1-2 Rock right to right side, recover on left
- 3&4 Cross right over left, step left to left side, cross right over left (cross side shuffle to left side)
- 5-6 Rock left to left side, recover right
- 7&8 Cross left over right, step right to right side, cross left over right (cross side shuffle to right side)

RIGHT SIDE POINT, HOLD, LEFT SIDE POINT, HOLD, SYNCOPATED RIGHT AND LEFT SIDE TOES POINTS, RIGHT SIDE TOE TAPS

- 1-2 Point right toes to right side, hold
- &3-4 Step right next to left, point left toes to left side, hold
- &5 Step left next to right, point right toes to right side
- &6 Step right next to left, point left toes to left side
- &7-8 Step left next to right, point right toes to right side tapping to the side two times (weight remains on left)

Get ready to start again by jumping forward with right!

REPEAT

RESTART

This will occur during the third repetition of the dance. You will have started the dance for the third time at the 12:00 (front wall). Dance sets 1 through 4 except for count 8. Instead of turning $\frac{1}{4}$ turn left to complete the $\frac{1}{2}$ turn, you will only do the $\frac{1}{4}$ left turn for count 7 (which will put you facing the 12:00/front wall) and hold for count 8. Then you will start the dance again from the beginning, dancing the dance all the way through

TO END THE DANCE

The dance will end while dancing set 4. You will dance counts 1-4 and then stop and hold as you step your right to your right side (you are still at the 3:00 wall) and then look to your left to face the front wall (you can place your hands on your waist or fold your arms as you look over to your left).
