

Tijuana Sunrise

COPPER KNOB
STEPSHEETS

拍数: 64 墙数: 4 级数: Intermediate
编舞者: Gordon Timms (UK)
音乐: Rise - Herb Alpert And The Tijuana Brass



HIP BUMPS FORWARD AND BACK IN PLACE, TWO WALKS, STEP ½ TURN RIGHT, STEP

1&2 Bumps hips forward right, left, right
3&4 Bumps hips back left, right, left, (weight on the left foot)
5-6 Walk forward right and left
7&8 Step forward on right, recover back on to left, and turn ½ turn right stepping forward on the right

Faces 6:00

MAMBO STEP, RIGHT COASTER STEP, PIVOT ½ TURN, KICK BALL POINT

1&2 Step forward on to left, recover on to right, step left next to right
3&4 Right coaster step, (back on right, step together with left, step forward on right)
5-6 Step forward left and pivot ½ turn right on balls of both feet - weight ends on right
7&8 Kick left foot forward (low) step left next to right, point right toe to right side (weight on left)

Faces 12:00

SAILOR STEP, SAILOR STEP ¼ TURN, STEP ½ TURN PIVOT LEFT WITH DRAG, LEFT FORWARD SHUFFLE

1&2 Right sailor step in place, stepping right left and right
3&4 Left sailor step ¼ turn, stepping left right and left (turn ¼ turn left on the 2nd step)
5-6 Step forward on right, pivot ½ turn left on the balls of both feet, drag left foot across right toe
7&8 Left forward shuffle left, right, left

Faces 3:00

KICK BALL CROSS TWICE, ROCK AND RECOVER, STEP BEHIND, STEP TO SIDE, STEP FORWARD

1&2 Traveling to the right, kick right foot forward (low) step right next to left, cross left over right
3&4 Traveling to the right, kick right foot forward (low) step right next to left, cross left over right
5-6 Rock to the right side on the right and recover on left
7&8 Traveling to the left, step right behind left, step left to left side, step right slightly forward

Faces 3:00

HIPS BUMPS FORWARD ON DIAGONALS, ROCK AND RECOVER, LEFT COASTER STEP WITH A ¼ TURN LEFT

1&2 Step forward on left foot diagonally bumping hips left, right and left
3&4 Step forward on right foot diagonally bumping hips right, left, and right
5-6 Rock forward on left and recover
7&8 Left coaster step, with a ¼ turn left, (turn ¼ turn left on the 2nd step)

Faces 12:00

MAMBO STEP, LEFT COASTER STEP, ROCK AND RECOVER, ½ TURN RIGHT WITH A TRIPLE STEP

1&2 Step forward on right and recover on to left, step right next to left
3&4 Left coaster step, (back on left, step together with right, step forward on left)
5-6 Rock forward on to right, recover on to left
7&8 Turn ½ turn right with a triple step, right, left, right, weight on right

Faces 6:00

KICK BALL STEP, KICK BALL TOUCH, WALK BACK RIGHT AND LEFT, RIGHT COASTER STEP

- 1&2 Kick left foot forward (low) step left next to right, step right slightly forward, (weight on the right)
- 3&4 Kick left foot forward (low) step left next to right, touch right toe next to left instep, (weight on the left)
- 5-6 Two walks, walk backwards right and left
- 7&8 Right coaster step, (back on right, step together with left, step forward on right)

Faces 6:00

LOCK STEPS FORWARD ON DIAGONALS, ROCK AND RECOVER, THREE ¼ TURN LEFT WITH A TRIPLE STEP

- 1&2 Step forward and cross left foot over right angling body diagonally, lock right behind left, step forward on left
- 3&4 Step forward and cross right foot over left angling body diagonally, lock left behind right, step forward on right
- 5-6 (Straighten up your bodyline) rock forward on left and recover
- 7&8 Turn three ¼ turn left with a triple step, Weight ends on left

Faces 9:00

REPEAT

If you haven't got the shortened version of the track, unless you want to dance the full 7,37 seconds, fade the music somewhere after 3,50 facing the front wall
