



拍数: 40

级数: Intermediate

编舞者: Terri Kellerman (USA)

音乐: If You Just Let Me Into Your Heart - Mary Chapin Carpenter

KICK BALL CHANGE, STEP TOUCH, CROSS TURN, KICK BALL CHANGE

墙数:1

- 1&2Right kick ball change
- 3-4 Cross right over left, touch left to side
- 5-6 Cross left over right, unwind ³/₄ right (weight to left)
- 7&8 Right kick ball change

TURN TO LEFT, FULL TURN, POLKA FORWARD, TURN TO RIGHT

- 1-2 Step right forward, turn ½ left (weight to left)
- 3-4 Turn ¼ left and step right together, turn ¾ left and step left forward
- 5&6 Step right forward, step left together, step right forward
- 7-8 Step left forward, turn ¹/₂ right (weight to right)

POLKA STEPS, TOUCH-CLAP (TO LEFT, THEN TO RIGHT)

- 1&2 Turn 1/8 left and shuffle forward stepping left, right, left
- 3-4 Touch right together, clap
- 5&6 Turn ¼ right and shuffle forward stepping right, left, right
- 7-8 Touch left together, clap

STEPS & TURNS, KICK-BALL-CHANGE

- 1-2-3 Turn ¹/₄ to left and step left forward, step right forward, turn ¹/₂ left (weight to left)
- 4-5-6 Step right forward, step left forward, turn 1/4 right and step right together
- 7&8 Left kick ball change

STEP-TOUCH FORWARD AND BACK, TURN-STEP, 3 STAMPS

- 1-2 Step left forward, touch right together
- 3-4 Step right back, touch left together
- 5-6 Turn ¼ left and step left together, stomp/touch right in place
- 7&8 Hold, stomp/touch right in place, stomp/touch right in place

REPEAT

