

拍数: 32 墙数: 4 级数: Intermediate

编舞者: PJ (UK)

音乐: If Tomorrow Never Comes - Ronan Keating



TWO ¼ TURNS RIGHT, ROCK BACK, RECOVER, TWO ¼ TURNS LEFT, CROSS ROCK, RECOVER, ¼ **TURN STEP**

1-2 Make ¼ turn right stepping forward on right foot, make ¼ turn right stepping left foot to left

side

3-4 Rock back on right foot, recover weight forward on to left foot

Optional: make 1/4 turn right as you rock back on to right foot, then 1/4 turn left as you rock forward on to left

5-6 Make ¼ turn left stepping back on to right foot, make ¼ turn left stepping left foot to left side

7& Cross rock right over left, recover weight back on to left foot

8 Make ¼ turn right stepping forward on to right foot

WALK LEFT, WALK RIGHT, SIDE ROCK, RECOVER, CROSS, SIDE ROCK, RECOVER, SAILOR 1/4 TURN

9-10 Walk forward left, walk forward right

11&12 Rock left foot to left side, recover weight to right foot, cross left over right

13-14 Rock right foot to right side swaying hips right, recover weight to left foot swaying hips left 15&16 Cross right behind left, make ¼ turn right stepping left foot to left side, step right foot in place

STEP, ½ PIVOT, SHUFFLE ½ TURN, ¼ TURN, TOUCH, ¼ TURN, ¾ RONDE SWEEP TURN

17-18 Step forward on left foot, pivot ½ turn right (weight on right)

19&20 Shuffle ½ turn right, stepping left right left

21-22 Make ¼ turn right stepping right foot to right side, touch left beside right

23-24 Make ¼ turn left stepping forward on to left foot, sweep right foot ¾ turn to left (touch right

beside left)

CROSS ROCK, RECOVER, SIDE SHUFFLE, CROSS ROCK, RECOVER, SLIDE LEFT, TOUCH

25-26 Cross rock right over left, recover weight to left foot

27&28 Step right foot to right side, close left beside right, step right foot to right side

29-30 Cross rock left over right, recover weight to right foot

31-32 Take a long step left on left foot, drag right foot next to left ending with a touch

REPEAT