Tore Up



编舞者: Lisa Thunstrom (AUS) & Ben Kelly

音乐: Tore Up from the Floor Up - Wade Hayes



LOCK, SCUFF, LOCK, TURN

1-4 Step forward on left, lock right behind left, step forward on left, scuff right next to left
5-8 Step forward on right, lock left behind, turning ½ turn to the left step back on right, left

together (weight on left)

BACK, FORWARD, STOMP, CLAP, SHUFFLE, TURN 3/4

9-10	Jump back on to right and kick left forward, jump forward on to left
11-12	Stomp right together, clap
13-14	Shuffle forward left-right-left
15-16	Step right forward & pivot 3/4 turn to the left (weight on left)

ROCK, COASTER, SCUFF-SCOOT, ROCK

17-18	Rock forward on right, rock back on left
19-20	Step back on right, left together, forward on right (coaster step)
21-22	Scuff left next to right, hitch left knee up & scoot forward on right
23-24	Rock forward on left, back on right, click right hand at eye level & look

SHUFFLE, TURN 1/4, SHUFFLE, KICK, KICK, BALL CHANGE

25-26	Shuffle back left-right-left turning ½ turn to the right on ball of left foot
27-28	Shuffle forward right-left-right
29-30	Step forward on left, kick right forward
31-32	Kick right forward, right ball change

HEEL, BRUSH, HEEL, TURN & SLAP (TWICE)

33-34	Right heel at 45 degrees, brush right heel up to left knee
35	Right heel at 45 degrees
36	Turn ¼ turn to the left stepping right heel behind with right hand
37-40	Repeat last 4 steps

HEEL, TOE (TWICE)

41	Jump back on right with left heel forward at 45 degrees
42	Jump back on left with right toe tap behind
43-44	Turning 1/4 turn to the left repeat last two beats

SCUFF-SCOOT X 2, STOMP-CLAP

45&	Scuff right next to left, hitch right knee up & scoot left slightly forward
46&	Scuff right next to left, hitch right knee up & scoot left slightly forward
47&	Scuff right next to left, hitch right knee up & scoot left slightly forward
48 &	Stomp right foot beside left twice while clapping twice

ROLL 34, VINE, STOMP

49-52	Rolling vine right (completing ¾ turn to the right) right-left-right-left
53-56	Vine right, stomping left to side on 4th beat

OUTBACK, HEEL, BRUSH, HEEL

57-58	Raise right heel behind & slap with left hand (outback), right heel at 45

59-60 Brush right heel up to left knee, right heel at 45 degrees

SCUFF-SCOOT BACK, STOMP, STOMP

61-62 Scuff right toe backwards, scoot left back

63-64 Stomp right, stomp left together

REPEAT