

Track One (Hung Up)

COPPERKNOB
STEPSHEETS

拍数: 32 墙数: 4 级数: Intermediate
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音乐: Hung Up - Madonna



JAZZ BOX, 4/4 TURN, TOUCH, HITCH KNEE

- 1 Cross right foot over left foot
- 2 Step back on left foot
- 3 Step to right on right foot and turn $\frac{1}{4}$ over right
- 4 Turn $\frac{1}{4}$ over right and step left foot to left
- 5 Turn $\frac{1}{2}$ over right and step right foot to right
- 6 Touch left foot to left
- 7 Put weight on left foot and turn $\frac{1}{4}$ over left
- 8 Turn $\frac{1}{4}$ over left and hitch right knee up

TURN $\frac{1}{4}$ CROSS, TURN $\frac{1}{4}$ KICK, COASTER STEP, SWIVEL, SWIVEL, SWIVEL HITCH KNEE

- 1 Turn $\frac{1}{4}$ over left and cross right foot in front left foot
- 2 Turn $\frac{1}{4}$ over left and kick left foot forward
- 3 Left foot backwards
- & Right foot backwards next to left foot
- 4 Left foot forward
- 5 Swivel right foot to right
- 6 Swivel left foot to left, while doing this turn $\frac{1}{4}$ over left
- 7 Swivel right foot to right
- 8 Turn $\frac{1}{4}$ over left and hitch left knee up

COASTER STEP, STEP $\frac{1}{4}$ TURN, STEP TOUCH, STEP TOUCH

- 1 Step backwards on left foot
- & Put right foot next to left foot
- 2 Step forward on left foot
- 3 Step forward on right foot
- 4 Turn $\frac{1}{4}$ over left and touch left foot forward
- 5 Step left foot to left
- 6 Touch right foot backwards left foot
- 7 Turn $\frac{1}{4}$ over left and step right foot to right
- 8 Cross left foot over right foot and touch

STEP OUT, SWAY, SWAY, SWAY, RONDE COASTER STEP, WALK WALK

- 1 Step left foot to left, keep weight on right
- 2 Sway weight to left
- 3 Sway weight to right
- 4 Start ronde with left foot
- 5 Step left foot backwards right foot
- & Put right foot next to left foot
- 6 Step forward on left foot
- 7 Cross right foot over left foot
- 8 Step left foot to left

REPEAT