

# Tragic

**COPPER KNOB**  
STEPPERS

拍数: 0      墙数: 0      级数:  
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音乐: Tragedy - Steps



Sequence: ABC, ABD, BD  
72-count lead in from beginning of track (35 seconds approx.)

## PART A

### & SWING, & SWING, HIPS TWICE

&            Swing right to right side so your foot is now off the ground  
1            Step right beside left  
&            Swing left to left side so your foot is now off the ground  
2            Step left beside right  
3&4        Bump hips right-left-right while pumping shoulders down-up-down  
&            Swing left to left side so your foot is now off the ground  
5            Step left beside right  
&            Swing right to right side so your foot is now off the ground  
6            Step right beside left shoulder width apart  
7&8        Bump hips left-right-left while pumping shoulders down-up-down

### KICK BALL CHANGE, & SLIDE TWICE

9&           Kick right forward, step right beside left  
10           Step left beside right  
&            Step right to right side  
11-12       Slide left beside right over 2 counts (weight still on right)  
13&        Kick left forward, step left beside right  
14           Step right beside left  
&            Step left to left side  
15-16       Slide right beside left over 2 counts (weight still on left)

### RIGHT VINE TWICE

17-18       Step right to right side, cross left behind right,  
19           Step right to right side while turning a ¼ right  
20           Step left beside right  
21-24       Repeat steps 17-20 in PART A

### POINT RIGHT, POINT LEFT, ½ TURN, WALKS

25-26       Point right toe to right side, step right beside left  
27           Point left toe to left side  
28           Unwind ½ a turn left (legs should end crossed)  
29-32       Walk forward left-right-left, touch right toe beside left

### REPEAT ABOVE STEPS

33-64       Repeat steps 1-32 in PART A

### DELAYED HANDS

65-70       Over 6 counts, in a robotic movement slightly pausing after each beat, bring both of your hands upwards so they end up next to your ears

## PART B (TRAGEDY)

### HIP BUMPS & HAND WORK

**Make sure your hands are by your ears to start this section even though you have missed out the "delayed hands" in some sections**

1&2& Bump your hips right-left-right-left

3&4 Continue bumping your hips right-left-right

**While doing steps 1-4 in PART B, your hands are next to your ears**

5 Raise right arm into the air, tilted to the right

6 Raise left arm into the air, tilted to the left (both arms are now in the air)

7 Bring both hands to your heart

8 Extend both arms forward with palms facing upwards

#### **HAND WORK, OUT-OUT-IN-TOUCH**

9-12 Repeat steps 1-4 in PART B (then while doing step 13 drop arms)

13-14 Step right to right side, step left to left side

15-16 Step right to centre, touch left toe beside right

#### **LEFT TOGETHER, LEFT TOUCH, RIGHT TOGETHER, RIGHT TOUCH**

17-18 Step left to left side, slide right next to left

19-20 Step left to left side, slide right next to left (with weight ending on left)

21-22 Step right to right side, slide left next to right

23-24 Step right to right side, slide left next to right (with weight ending on both feet)

**While doing step 17, bend your left arm left with palm facing upwards as you place right hand onto right hip.**

**On step 18 bend arms in front of you palms facing up. Repeat the 17-18 handwork for steps 19-20, then repeat 17-18 handwork but this time reverse the handwork and do it on counts 21-24**

#### **HAND WORK / HEAD WORK, SHOULDER PUMPS**

25-26 Extend right arm forward twice

27 Swing right arm to right side

& Turn head a ¼ turn to the right

28 Turn head a ¼ turn to the left

29& With right arm still extended, pump your left shoulder down-up

30-32 Repeat steps 29& twice, then on last count(32) pump your left shoulder down

**While doing steps 29-32, lean to left side**

#### **REPEAT ABOVE STEPS**

33-64 Repeat steps 1-32 in PART B

#### **RIGHT SHUFFLE, REVERSE COASTER STEP**

65& Step right forward, step left next to right

66 Step right forward

67& Step left forward, step right next to left

68 Step left back

69& Step right back, step left next to right

70 Step right back

71& Step left back, step left next to right

72 Step left forward

#### **REPEAT ABOVE STEPS**

73-80 Repeat steps 65-72 in PART B

#### **TOE-TOE-TOE-BALL CHANGE**

81& Touch right toe forward, step right next to left

82& Touch left toe forward, step left next to right

83& Touch right toe forward, step right next to left

84 Step left next to right

Note: While doing steps 81-84 turn a ¼ turn right

## **REPEAT ABOVE STEPS**

85-88 Repeat steps 81-84 in PART B

**You should now be facing 6:00 wall**

## **WALK BACK, RIGHT SHUFFLE, LEFT SHUFFLE**

- 89-92 Walk back right-left-right-left
- 93& Step right forward, step left next to right
- 94 Step right forward
- 95& Step left forward, step right next to left
- 96 Step left forward

## **STOMP-STOMP, HEELS-TOES-HEELS, STOMP-STOMP, HEELS-TOES-HEELS**

- 97 Stomp right forward
- 98 Stomp left slightly back directly behind right foot
- 99 Swivel right heel & left toe to left
- & Swivel right toe & left heel to left
- 100 Swivel right heel & left toe to left

**You should be traveling left on steps 99-100**

- 101 Stomp right forward to right diagonal
- 102 Stomp left forward shoulder width apart
- 103& Swivel both heels in, swivel both toes in
- 104 Swivel both heels to centre ending with feet side by side

## **PART C**

### **SHOULDER PUSHES**

**The following steps are done with fists clenched**

- 1 Step right forward and lean forward as you push right shoulder down
- & Push left down and right shoulder up
- 2 Push right shoulder down and left shoulder up
- 3 Lean back as you push left down
- & Push right shoulder down and left shoulder up
- 4 Push left down and right shoulder up
- 5 Step right back and lean back as you push right shoulder down
- & Push left down and right shoulder up
- 6 Push right shoulder down and left shoulder up
- 7 Lean forward as you push left down
- & Push right shoulder down and left shoulder up
- 8 Push left down and right shoulder up

## **STEP ½ TURN, RIGHT SHUFFLE, LEFT SHUFFLE, STEP-STEP**

- 9-10 Step right forward, pivot ½ a turn left
- 11& Step right forward, step left next to right
- 12 Step right forward
- 13& Step left forward, step right next to left
- 14 Step left forward
- 15 Step right forward to right diagonal
- 16 Step left next to right shoulder width apart

## **PART D**

### **STEP ½ TURN, RIGHT SHUFFLE, LEFT SHUFFLE, STEP-STEP**

- 1-2 Step right forward, pivot ½ a turn left
- 3& Step right forward, step left next to right
- 4 Step right forward
- 5& Step left forward, step right next to left

- 6 Step left forward
  - 7 Step right forward to right diagonal
  - 8 Step left next to right shoulder width apart.
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