# **Travel To The Beat**



编舞者: Henry Costa (USA)

音乐: There's Your Trouble - The Chicks



STEP FORWA	RD STEP. TOUCH. STEP. TOUCH. STEP. TOUCH. STEP. TOUCH			
1-2	Step forward right 45 degree angle; touch left toe next to right			
3-4	Step forward left 45 degree angle; touch right toe next to left			
5-6	Step forward right 45 degree angle; touch left toe next to right			
7-8	Step forward left 45 degree angle; touch right toe next to left			
FORWARD. BACK. TOGETHER. HOLD. FORWARD. BACK. TOGETHER. HOLD				
1-2	Right step forward; left step back			
3-4	Right step next to left (together); hold (allow hips to sway right)			
5-6	Left step forward; right step back			

Left step next to right (together); hold (allow hips to sway left)

## STEP BACK. TOUCH. BACK. TOUCH. BACK. TOUCH

1-2	Step back right 45 degree angle; touch left toe next to right
3-4	Step back left 45 degree angle; touch right toe next to left
5-6	Step back right 45 degree angle; touch left toe next to right
7-8	Step back left 45 degree angle; touch right toe next to left

#### BACK. TOGETHER. FORWARD. HOLD. FORWARD. BACK. TOGETHER. HOLD

1-2	Step right back (sway hips right); left step back next to right
-----	---

3-4 Right step forward; hold

5-6 Step left forward (sway hips left), step right back

7-8 Left step back next to right; hold

#### FORWARD, LOCK, FORWARD, HOLD, FORWARD, LOCK, FORWARD, HOLD

1-2	Right step 1	forward: le	eft slide up	and behind	riaht (lock)

3-4 Right step forward; hold

5-6 Left step forward; right slide up and behind left (lock)

7-8 Left step forward; hold

### CROSS. ROCK. CHA-CHA-CHA ½ TURN RIGHT. CROSS. ROCK. BACK. TOUCH

1-2 Right cross-rock over left; left ro	ck back in place
---	------------------

3&4 Execute ½ turn right and step right; left; right (cha-cha-cha)

5-6 Left cross-rock over right; right rock back in place

7-8 Left step back; right touch next to left

## **REPEAT**

7-8