

拍数: 64 墙数: 4 级数: Intermediate
编舞者: Gloria Kirchner (CAN) & Dianne Bishop (CAN)
音乐: True Blue - Madonna



KICK KICK BALL CROSS STEP

- 1&2&3-4 Kick left foot forward & quickly step down on left foot kick right foot forward & quickly step down on the ball of right foot, cross left foot over right foot, step to right side on right foot
- 5&6&7-8 Kick left foot forward & quickly step down on left foot kick right foot forward & quickly step down on the ball of right foot, cross left foot over right foot, step to right side on right foot

VINE LEFT, VINE RIGHT, BALL CROSS

- 9-12 Step to left side with left foot, cross right foot behind left, step to left side with left foot, touch right foot next to left
- 13-14&15-16 Step to right side with right foot, cross left foot behind right & quickly step down on ball of right foot, cross left over right, step to right side with right foot

6 COUNT STEP LOCKS, ¼ TURN

- 17-24 Step forward (on angle) on left foot, drag and step right behind left, step forward on left foot, step forward on right foot, drag and step left behind right, step forward on right foot, step ¼ turn left on left foot, step right foot next to left

SAILORS LEFT AND RIGHT, ROCK RECOVERS

- 25&26-27&28 Cross left behind right & step quickly to right side on ball of right foot, step left foot in place, cross right behind left & step quickly to left side on ball of left foot, step right foot in place
- 29-32 Rock forward on left foot, recover on right foot, rock back on left foot, recover on right foot

SAILORS IN FRONT, ROCK RECOVERS

- 33&34-35&36 Cross left over right & step quickly to right side on ball of right foot, step left foot in place, cross right over left & step quickly to left side on ball of left foot, step right foot in place
- 37-40 Rock forward on left foot, recover on right foot, rock back on left foot, recover on right foot

MEXICAN HAT DANCE, MONTEREYS, COASTERS FORWARD AND BACK

- 41&42&43&44 Touch left heel forward & quickly step down on left foot touching right heel forward & quickly step down on right foot touching left heel forward & quickly step down on left foot, touch right foot next to left
- 45-52 Touch right toe to right side, pivot ½ turn right on ball of left foot, step down on right, touch left toe to left side, step left next to right, touch right toe to right side, pivot ½ turn right on ball of left foot, step down on right, touch left toe to left side, step left next to right
- 53&54-55&56 Step forward on right foot & quickly step left next to right foot, step back on right, step back on left foot & quickly step right foot next to left, step forward on left foot

JAZZ BOX, SIDE SHUFFLE, ROCK RECOVER

- 57-60 Cross right foot over left, step back on left foot, step to right side on right foot, step left next to right
- 61&62-63-64 Side shuffle right, left, right, rock back on left foot, recover on right foot

REPEAT