Turnaround Cha Cha



拍数: 32 墙数: 4 级数: Intermediate

编舞者: Lana Harvey (USA)

音乐: Live, Laugh, Love - Clay Walker



HIP WALKS FORWARD, CROSS ROCK, RECOVER, FULL TURN CHA

Step slightly forward on left and swing hips left-right-left
Step slightly forward on right and swing hips right-left-right

Cross rock left slightly to right side over right
Rock back onto right starting full turn to left

7&8 Cha-cha left-right-left in place finishing full turn to left

HIP WALKS FORWARD, CROSS ROCK, RECOVER, FULL TURN CHA

9&10 Step slightly forward on right and swing hips right-left-right11&12 Step slightly forward on left and swing hips left-right-left

13 Cross rock right slightly to left side over left 14 Rock back onto left starting full turn to right

15&16 Cha-cha right-left-right in place finishing full turn to right

SIDE ROCK, 1/4 TURNING COASTER, SHUFFLE, 1/2 PIVOT

17-18 Rock to side on left, back onto right

19&20 Step back on left 1/8 turn to left, step right next to left, step forward left 1/8 turn to left. You

have made ¼ turn to left

21&22 Shuffle forward right-left-right

23-24 Step forward left, pivot ½ turn to right, weight ending on right

1/2 PIVOT, BACK, BACK COASTER, HIPS, HOLD, DOUBLE CLAPS

25 Pivot ½ turn to right on ball of right, stepping back on left

26 Step back on right past left

27&28 Step back on left, step right together with left, step forward on left

29&30 Step slightly forward right swinging hips right, left, right

&31 Swing hips left, right&32 Hold and clap twice

REPEAT

Option: Dancers may do cha-chas in place for the full turn chas Thanks to Simon Whincup, UK, who came up with the name for me!

-- Lana Harvey