

Tush Push (Advanced)

COPPER KNOB
STEPPERS

拍数: 40 墙数: 4 级数: Intermediate
编舞者: Unknown
音乐: Any of your favorite Tush Push songs



SIDE STEPS & SHIMMY

Shimmy shoulders for first 16 counts

- 1-4 Step right foot side, drag left toward right for 2 counts, touch left together
- 5-8 Step left foot side, drag right toward left for 2 counts, step right together
- 9-12 Step left foot side, drag right toward left for 2 counts, touch right together
- 13-16 Step right foot side, drag left toward right for 2 counts, touch right together

PIVOTS, REVERSE CHA-CHA

- 1-2 Step right forward, turn $\frac{1}{2}$ left (weight to left)
- 3-4 Step right forward, turn $\frac{1}{2}$ left (weight to left)
- 5&6 Turn $\frac{1}{2}$ left and step right back, step left together, step right back
- 7-8 Rock left back, recover to right

REVERSE CHA-CHA, SPIN

- 1&2 Turn $\frac{1}{2}$ to right and step left back, step right together, step left back
- 3-4 Rock right back, rock left forward
- 5&6 Triple in place turning a full turn left stepping right, left, right
- 7-8 Rock left back, recover to right

CHA-CHA & WALL CHANGE

- 1&2 Step left forward, step right together, step left forward
- 3-4 Step right forward, turn $\frac{1}{2}$ left (weight to left)
- 5-6 Step right forward, turn $\frac{1}{4}$ left (weight to left)
- 7-8 Stomp right together, clap

REPEAT
