Two Steppin' (Sitting Version) (P)

级数: ultra Beginner seated dance

编舞者: Suzanne Hoffmann (DE)

音乐: Two Steppin' Mind - Tim McGraw

LEANING SHUFFLES

拍数: 12

Seated partner - hold hands with standing or 2nd seated partner:

- Step on right foot, lean head slightly to the right 1
- 2 Step on left foot, lean head slightly to the left
- 3 Step on right foot, lean head slightly to the right
- 4 Hold

Standing partner - stand in front of and hold hands with seated partner (or 2nd seated partner- sit opposite partner and hold hands)putting feet on either side of seated partner's right foot:

- Step on left foot, lean head slightly to the left 1
- 2 Step on right foot, lean head slightly to the right
- 3 Step on left foot, lean head slightly to the left
- 4 Hold

LEANING SHUFFLES

Seated partner:

5	Step on left foot, lean head slightly to the left
6	Step on right foot, lean head slightly to the right
7	Step on left foot, lean head slightly to the left
8	Hold
Standing partner or 2nd seated partner:	

- 1 Step on right foot, lean head slightly to the right
- 2 Step on left foot, lean head slightly to the left
- 3 Step on right foot, lean head slightly to the right
- 4 Hold

SLIDES, HOLDS

Seated partner:

- 9 Slide right foot backwards slightly
- 10 Hold
- 11 Slide left foot backwards slightly
- 12 Hold

Standing partner:

- 9 Slide left forward slightly
- 10 Hold
- 11 Slide right foot forward slightly
- 12 Hold

REPEAT





墙数:1