

拍数: 48 墙数: 4 级数: Improver
 编舞者: Wrono
 音乐: 2 Times - Ann Lee



RIGHT FORWARD SHUFFLE, LEFT FORWARD SHUFFLE, RIGHT FORWARD SHUFFLE, LEFT FORWARD SHUFFLE

Shuffles are done at diagonals

- 1&2 Step right forward, step left forward, step right forward
- 3&4 Step left forward, step right forward, step left forward
- 5&6 Step right forward, step left forward, step right forward
- 7&8 Step left forward, step right forward, step left forward

RIGHT BACKWARD STRUT, LEFT BACKWARD STRUT, RIGHT BACKWARD STRUT, LEFT BACKWARD STRUT

- 1-2 Step right behind left while going backwards and turn head and chest to 3:00
- 3-4 Step left behind right while going backwards and turn head and chest to 9:00
- 5-6 Step right behind left while going backwards and turn head and chest to 3:00
- 7-8 Step left behind right while going backwards and turn head and chest to 9:00

STATIONARY SKATES

- 1-2 Step right to right, step left to left
- 3&4 Step right, step left, step right
- 5-6 Step left to left side, step right to right side
- 7&8 Step left, step right, step left

Skates are done facing head & chest back to the wall that you started the dance on (wall 1-2-3-4 respectively)

½ GRAPEVINE TO RIGHT, RIGHT COASTER STEP, ½ GRAPEVINE TO LEFT, LEFT COASTER STEP

- 1-2 Step right to right, step left behind right
- 3&4 Step right back, step left beside right, step right forward
- 5-6 Step left to left, step right behind left
- 7&8 Step left back, step right beside left, step left forward

ROTATE HIPS AND BODY TO LEFT WITH 1/8 TURN (TWICE), 4 CHICKEN WINGS

- 1-2 Make a full circle with the hips while making a 1/8 turn
- 3-4 Make a full circle with the hips while making a 1/8 turn
- 5-6 Go down while bending knees while flapping arms
- 7-8 Go up while straightening legs while flapping arms

Imagine hands glued to 3" on either side of navel while flapping like a chicken

KICK KICK, RIGHT COASTER STEP, KICK KICK, LEFT COASTER STEP

- 1-2 Kick right front, kick right side
- 3&4 Step right to rear, step left beside right, step right forward
- 5-6 Kick left front, kick left side
- 7&8 Step left back, step right beside left, step left forward

REPEAT

Dedicated to "S N"