

U Need A Man (P)

COPPER KNOB
STEPSHEETS

拍数: 32 墙数: 0 级数: Partner
编舞者: Rick Bates (USA) & Deborah Bates (USA)
音乐: Beautiful Day - Rick Trevino



Position: Double Hand Hold Position. Man facing OLOD and Lady facing ILOD. Partners on opposite footwork

MAN'S STEPS

CROSS ROCK STEPS, TRIPLE STEPS

- 1-2 Cross right foot over left; rock back onto left foot
- 3&4 Triple step in place (right, left, right)
- 5-6 Cross left foot over right; rock back onto right foot
- 7&8 Triple step in place (left, right, left)

SIDE STEP, TOGETHER, PIVOT, FORWARD SHUFFLE,

Release man's right hand and lady's left. Raise man's left hand and lady's right as lady turns under upraised joined hands

- 9-10 Step to the right on right foot; step left foot next to right
- & Pivot $\frac{1}{4}$ to the right on ball of left foot

Partners now facing RLOD in the left open promenade position, holding inside hands. Man's left and lady's right

- 11&12 Shuffle forward (right, left, right)

Release man's left hand and lady's right

MILITARY PIVOT, FORWARD SHUFFLE

- 13-14 Step forward on left foot; pivot $\frac{1}{2}$ turn to the right on ball of left foot and shift weight to right foot

Man takes up lady's left hand in his right. Partners now facing LOD in the right open promenade position, holding inside hands

- 15&16 Shuffle forward (left, right, left)

SUGAR FOOTS, FORWARD SHUFFLES

- 17-18 Turn right knee inward and touch right toe next to left foot; turn right knee outward and touch right heel next to left foot
- 19&20 Shuffle forward (right, left, right)
- 21-22 Turn left knee inward and touch left toe next to right foot; turn left knee outward and touch left heel next to right foot
- 23&24 Shuffle forward (left, right, left)

MILITARY PIVOT, TURNING TRIPLE STEP

- 25-26 Step forward on right foot; pivot $\frac{1}{2}$ turn to the left on ball of right foot and shift weight to left foot

- 27&28 Triple step in place (right, left, right)

Rejoin hands returning to the double hand hold position. Man facing OLOD and lady facing ILOD

- 29-30 Step to the left on left foot; slide right foot next to left and step
- 31-32 Cross left foot over right and step; point right toe to the right

REPEAT

LADY'S STEPS

DIAGONAL ROCK STEPS, TRIPLE STEPS

- 1-2 Step forward and diagonally to the left on left foot; rock back onto right foot
- 3&4 Triple step in place (left, right, left)

5-6 Step forward and diagonally to the right on right foot; rock back onto left foot
7&8 Triple step in place (right, left, right)

FULL TURN TO THE LEFT, PIVOT, FORWARD SHUFFLE

Release man's right hand and lady's left. Raise man's left hand and lady's right as lady turns under upraised joined hands

9-10 Step to the left on left foot and begin a full turn to the left traveling to the left; step on right foot and complete full turn to the left

& Pivot $\frac{1}{4}$ to the left on ball of right foot

Partners now facing RLOD in the left open promenade position, holding inside hands. Man's left and lady's right

11&12 Shuffle forward (left, right, left)

Release man's left hand and lady's right

MILITARY PIVOT, FORWARD SHUFFLE

13-14 Step forward on right foot; pivot $\frac{1}{2}$ turn to the left on ball of right foot and shift weight to left foot

Man takes up lady's left hand in his right. Partners now facing LOD in the right open promenade position, holding inside hands

15&16 Shuffle forward (right, left, right)

SUGAR FEET, FORWARD SHUFFLES

17-18 Turn left knee inward and touch left toe next to right foot; turn left knee outward and touch left heel next to right foot

19&20 Shuffle forward (left, right, left)

21-22 Turn right knee inward and touch right toe next to left foot; turn right knee outward and touch right heel next to left foot

23&24 Shuffle forward (right, left, right)

MILITARY PIVOT, TURNING TRIPLE STEP

25-26 Step forward on left foot; pivot $\frac{1}{2}$ turn to the right on ball of left foot and shift weight to right foot

27&28 Triple step in place (left, right, left) making a $\frac{1}{4}$ turn to the right on these steps

Rejoin hands returning to the double hand hold position. Man facing OLOD and lady facing ILOD

29-30 Step to the right on right foot; slide left foot next to right and step

31-32 Cross right foot over left and step; point left toe to the left

REPEAT
