Up Against The Wall

级数: Improver

编舞者: Marsha Story (USA)

拍数: 32

音乐: Up Against The Wall - *NSYNC

SLIDE RIGHT, KICKBALL CHANGE, SLIDE LEFT, KICKBALL CHANGE

- 1-2 Step right to right side, slide left next to right
- 3&4 Kick left foot, step ball of left next to right, step right in place
- 5-6 Step left to left side, slide right next to left
- 7&8 Kick right foot, step ball of right next to left, step left in place

WALK RIGHT, LEFT, SHUFFLE FORWARD, ½ TURN RIGHT, COASTER STEP

- 1-2 Walk forward right, left (right, left)
- 3&4 Shuffle forward right, left, right (right-left-right)
- 5-6 Step left forward, turn ½ turn to the right placing weight on left foot
- 7&8 Step back with right, step left next to right, step right forward

WALK LEFT, RIGHT, SHUFFLE FORWARD, ¼ TURN LEFT, MONTEREY

- 1-2 Walk forward left, right (left, right)
- 3&4 Shuffle forward left, right, left (left-right-left)
- 5 Turn ¼ to the left pointing right to right side
- 6-8 ¹/₂ turn to the right, touch left to left side, bring together

TOE STRUTS, WALK RIGHT-LEFT-RIGHT-LEFT

- 1-2 Touch right toe forward, step right foot in place
- 3-4 Touch left toe forward, step left foot in place
- 5-6 Step right forward, step left next to right slightly bending knees
- 7-8 Repeat 5-6

REPEAT

On the 9th rotation, start the dance over. You will be skipping the last 8 counts on the 8th rotation. (Restart the dance after the words "two-step" are said.)





墙数:4