

# Urban Country

**COPPER KNOB**  
STEPSHEETS

拍数: 56                      墙数: 4                      级数: Intermediate  
编舞者: Shane Alassi-Jones  
音乐: Hip Square Dance - The Woolpackers



## ROCK FORWARD, BACK, SHUFFLE, ROCK BACK, FORWARD, ½ TURN & SHUFFLE

1-2                      Step forward onto left foot, rock back onto right foot  
3&4                      Shuffle back left-right-left  
5-6                      Step back on right foot, rock forward onto left foot  
7&8                      Turning ½ turn to left shuffle back right-left-right

## ROCK BACK, FORWARD & SHUFFLE

1-2                      Step back onto left foot, rock forward onto right foot  
3&4                      Shuffle forward left-right-left

## SIDE ROCK & SAILOR SHUFFLE

1-2                      Step right foot to right side, replace weight to left foot  
3&4                      Step back onto right foot, step left foot slightly left, replace weight to right foot

## SAILOR SHUFFLE X 3, ROCK BACK, FORWARD

1&2                      Step back on left foot, step right foot slightly right, replace weight to left foot  
3&4                      Step back on right foot, step left foot slightly left, replace weight to right foot  
5&6                      Step back on left foot, step right foot slightly right, replace weight to left foot  
7-8                      Step back on right foot, rock forward onto left foot

## SHUFFLE RIGHT, ROCK BACK, FORWARD, SHUFFLE LEFT, FULL TURN

1&2                      Shuffle to right stepping right-left-right  
3-4                      Step back on left foot, rock forward onto right  
5&6                      Shuffle to left stepping left-right-left  
7-8                      Turning a full turn left step right-left

## HEEL & SIDE & SIDE & HEEL & HEEL & SIDE & SIDE & HEEL &

1&2                      Touch right heel forward, bring right beside left & touch left toe to left side  
&3                      Bring left beside right & touch right toe to right side  
&4                      Bring right foot beside left & touch left heel forward  
&5                      Bring left foot beside right & touch right heel forward  
&6                      Bring right foot beside left & touch left toe to left side  
&7                      Bring left foot beside right & touch right toe to right side  
&8                      Bring right foot beside left & touch left heel forward  
&                      Bring left foot beside right

## STEP, FORWARD, BACK, ½ TURN, SHUFFLE, STEP FORWARD

1-2                      Step forward onto right foot, step forward onto left foot  
3-4                      Rock back onto right foot, turning ½ turn left on left foot  
5&6                      Shuffle forward right-left-right  
7                      Step forward onto left foot

## STEP BACK, SHUFFLE, SHUFFLE, ½ TURN, ROCK BACK, FORWARD, ¼ TURN

1                      Step back on right foot  
2&3                      Shuffle back left-right-left  
4&5                      Shuffle back right-left-right

6-7 Step back on left & pivot  $\frac{1}{2}$  turn left replacing weight on right foot  
8-9 Step back on left foot, rock forward onto right

**REPEAT**

When starting the dance again, rock forward on to the left foot, turning  $\frac{1}{4}$  turn to the right for new direction. 4 walls turning  $\frac{1}{4}$  turn right each time

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