Va Va Voom!!



拍数: 48 墙数: 4 级数: Intermediate

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音乐: Eye Candy - Mis-Teeq



Start as you hear the sound that's like a fast car!

KICK BALL STEP, 1/4 TURN RIGHT TWICE, BEHIND & CROSS, HITCH & HEEL

1&2 Kick left foot forward, step on ball of left, step forward right
 3-4 Pivot ¼ turn right point left to left side, - repeat for count 4
 5&6 Step left behind right, step on ball of right, cross left over right

7&8 Hitch right knee to right diagonal, step onto right, touch left heel forward

On count 8 you need to be bent at waist - upper body leaning forward with your bottom pushed out

LEFT CHASSE, 1/4 TURN RIGHT TWICE, WEAVE & TOUCH, STEP 1/4 STEP SIDE

Step left to left side, close right next to left, step left to left side

Step forward right as you ¼ turn right, step back on left as you ¼ turn right

Step right foot behind left, step left to left side, touch right next to left

Step forward right as you ¼ to right, step left to left side

CIRCLE UPPER BODY, REPLACE KICK, CROSS POINT, RIGHT SHUFFLE, TOUCH LEFT FORWARD, TOUCH LEFT BACK

1&2 Bent at waist make a full circle with upper body from right to left (hands on knees), step on

ball of right(&), kick left foot to left side

3-4 Cross left over right, point right to right side

Step forward right, close left next to right, step forward right

7-8 Touch left forward, touch left back

STEP SCUFF HITCH CROSS, POINT & POINT, STEP ½ TURN, WALK WALK

1-2& Step forward left, scuff, hitch right, cross right over left(&) 3&4 Point left to left side, step left in place, point right to right side

5-6 Step forward right, pivot ½ turn right on ball of right as you raise left leg bent at knee

7-8 Walk forward left, right

ROCK & CROSS TWICE, WALK ROUND FULL CIRCLE, TOUCH BUMP

1&2 Rock left to left side, recover onto right, cross left over right

3&4 Repeat above leading with the right

5-6 Step forward left as you ¼ turn left, step forward right as you ¼ turn left

7-8 Step forward left as you ¼ turn left, pivot ¼ turn left to complete a full circle touching right

next to left and bumping hips to right at the same time

KICK & POINT TWICE, ROLLING VINE RIGHT, TOUCH

1&2 Kick right foot forward, step on right, point left to left side

3&4 Repeat above leading with the left

5-6-7-8 Make full turn traveling right stepping right, left, right, touch left next to right

REPEAT

BIG FINISH

You'll be on section 4, count 8 (facing 3:00 wall). Sweep left around ¾ turn right back to home wall, crouching as you go.

