

拍数: 32 **墙数:** 4 **级数:** Beginner

编舞者: Marie Miller (USA)

音乐: Third Rate Romance - Sammy Kershaw



KICK-BALL-CHANGE, STEP, PIVOT, RIGHT SIDE SHUFFLE, ROCK, STEP

1&2	Kick right foot forward & step down on ball of right foot, step on left foot
3-4	Step forward on right foot, pivot ¼ turn to the left (weight on left foot)

5&6 Shuffle directly to right side, (stepping right with right foot, sliding left foot up beside right,

stepping right with right foot)

7-8 Rock back on left foot, step forward on right foot

TOUCH, PAUSE, KNEE POPS, HIP SWAYS, DOWN, UP

9-10	Place ball of left foot out to left side (about shoulder width apart), hold for one count (weight
	still on right foot)
11-12	While raising heel of left foot, pop left knee forward twice
13-14	Sway hips two counts as you lower your body, left, right
15-16	Sway hips two counts as you raise your body left, right

LEFT SIDE SHUFFLE, ROCK, STEP, RIGHT SIDE SHUFFLE, ROCK, STEP

17&18	Shuffle directly to left side, (step left with left foot, sliding right foot up beside left, step left with left foot)
19-20	Rock back on right foot, step forward on left foot
21&22	Shuffle directly to right side, (stepping right with right foot, sliding left foot up beside right, stepping right with right foot)
23-24	Rock back on left foot, step forward on right foot

LEFT SIDE SHUFFLE, ROCK, STEP, SLIDE, PAUSE, KNEE POPS

Shuffle directly to left side, (step left with left foot, sliding right foot up beside left, step left with left foot)
Rock back on right foot, step forward on left foot
Slide right foot beside left, hold for one count (weight still on left foot)
While raising heel of right foot, pop right knee forward twice

REPEAT