

拍数: 32 墙数: 4 级数: Intermediate
编舞者: Anita Ludlow (UK)
音乐: Vamoz Everybody - Jump & Joy



STEP TOGETHER, STEP, KICK, KICK, RONDE INTO SYNCOPATED SAILOR SHUFFLE WITH ¼ TURN RIGHT

- 1-2-3-4-5 Step right to right side, step left next to right, step right to right side, kick left leg across right (diagonally right) twice
- 6&7-8 Sweep left leg around to left, step left behind right on & count, ¼ turn right stepping right forward, step left next to right

2 X SHUFFLES FORWARD, STEP WITH BACK/SIDE BALL CHANGES

- 9&10-11&12 Shuffle forward on right, shuffle forward on left
- 13&14&15&16 Step right slightly forward, ball change left behind right, step right in place, ball change left to left side but back of right, step right in place, ball change left behind right, step right in place
- Optional arms - both arms swinging waist height from right to left to right on & counts

2 X HEEL SWITCHES, HEEL FORWARD, SLIDE, RIGHT HIP BUMP, SWAY LEFT, SWAY RIGHT

- 17&18&19-20 Touch left heel slightly forward, step left in place, touch right heel slightly forward, step right in place, step large step forward on left heel, slide right up to meet left
- 21&22-23-24 Step right to right side and at same time double hip bump to right, sway weight onto left side, sway weight back to right

VAUDEVILLE HEELS, HALF PIVOT TURN, STEP FORWARD, SWIVEL, JUMP

- &25&26&27&28& Step left in place, cross right over left, step left to left side, touch right heel forward, step right in place, cross left over right, step right to right side, touch left heel forward, step left in place
- 29-30-31-32 Step right forward half turn left stepping onto left, step right forward, swivel on balls of both feet turning half left into a small jump in place

REPEAT
