# The Van Dance



编舞者: Jackie Miranda (USA), Ellen Kiernan (USA), Gina Mello (USA), Doug Miranda

(USA), John Bowen & John Robinson (USA)

音乐: Invisible - Keahiwai



### Choreographed while sitting in the rental van stuck in traffic in beautiful Honolulu, Hawaii

# ROCK FORWARD, RECOVER, COASTER STEP; ROCK FORWARD, RECOVER, ½ TURN LEFT SHUFFLE FORWARD

1-2 Rock forward right, recover to left

3&4 Step back right, step left next to right, step forward right

5-6 Rock forward left, recover to right

7&8 Make a ½ turn left (to 6:00) and shuffle forward left, right, left

### TRAVELING SIDE KICK-BALL-CROSS 2X; SIDE ROCK, RECOVER, BEHIND, SIDE, CROSS

1&2	Kick right diagonally forward (towards 7:30), step down on ball of right, step left across right
3&4	Kick right diagonally forward (towards 7:30), step down on ball of right, step left across right

5-6 Side rock right to right side, recover to left

7&8 Step right behind left, step left to left side, step right across left

#### DIP, POINT, DIP, POINT; 1/4 RIGHT MODIFIED MONTEREY TURN

### We affectionately call counts 1-4 the "mooning" section. Stick your rear-end out as you sway and shift weight

1-2	Bending knees slightly) dip/sway as you shift weight to left, point right toe to right diagonal
3-4	Bending knees slightly) dip/sway as you shift weight to right, point left toe to left diagonal
	left toe remains close to right)
5-6	Straighten up and point left to left side, step left next to right

7-8 Point right to right side, step right next to left making ¼ turn right (now facing 9:00)

# POINT FORWARD, POINT SIDE, BEHIND, SIDE, CROSS; SIDE HOP, LEFT BUMP, SIDE HOP, LEFT BUMP

1-2 Point left toe forward, point left toe to left side

3&4 Step left behind right, step right to right side, step left across right

&5-6 (With a little hop) step right to right side, step left next to right, bump hips to left side shifting

weight left

### Styling: wave hands over your head from right (5) to left (6), snapping fingers if you wish

&7-8 (With a little hop) step right to right side, step left next to right, bump hips to left side shifting

weight left

Styling: wave hands over your head from right (7) to left (8), snapping fingers if you wish

## **REPEAT**

### **TAG**

#### Only needed when dancing to "Invisible" by Keahiwai. At end of 6th wall (facing back), add a 4-count tag:

&1-2 (With a little hop) step right forward, step left next to right, bump hips to left side shifting

weight left

### Styling: wave hands over your head from right (1) to left (2), snapping fingers if you wish

&3-4 (With a little hop) step right back, step left next to right, bump hips to left side

Styling: wave hands over your head from right (3) to left (4), snapping fingers if you wish