

编舞者: Marlon Ronkes (NL) 音乐: Viben - K-Libre



STEP, CROSS (3X), STEP, TOUCH

1	Right foot - I	hia sten	to the side

2 Left foot - cross over

3 Right foot - big step to the side

4 Left foot - cross over

5 Right foot - big step to the side

6 Left foot - cross over

7 Right foot - step to the side8 Left foot - touch to the side

ARM-HEAD MOVEMENTS, CROSS, HOLD, UNWIND

Right-arm in front, left-arm behind (both hands flexed) turn head left
Left-arm in front, right-arm behind (both hands flexed) turn head right
Right-arm in front, left-arm behind (both hands flexed) turn head left
Left-arm in front, right-arm behind (both hands flexed) turn head right

Slightly bend your knees at count 9-12

13 Right foot - cross behind left foot

14 Hold

15-16 Unwind full-turn (to the right)

STEP, ARM MOVEMENTS

17 Right foot - step slightly to the side, bend right-arm with fist up

18 Left-arm cross fist in front of right-arm

Both arms fists upDrop elbows

21-24 Repeat 17-20 (but don't step your right foot (count 17))

KNEES IN, CLAP, KNEES OUT, HEAD TURN, CLOSE, STEPS BACK (SHIMMY)

25 Knees in, clap n front of your body with stretched arms

26 Knees open, bend arms aside with hands up (beside your head)

27 Turn head right28 Turn head left

29 Close legs

28 Drop down arms

29 Right foot - step back (shimmy shoulders)
28 Left foot - step back (shimmy shoulders)

& Turn ¼ turn to the right

REPEAT