Victory Shout!

拍数: 32

级数: Improver

编舞者: Jo Thompson Szymanski (USA)

音乐: Dance and Shout - Wynonna

STEP RIGHT, TOUCH, STEP LEFT, TOUCH, STEP RIGHT, TOUCH, STEP LEFT, TOUCH.

- 1-2 Step right foot to right side. Touch ball of left beside right
- 3-4 Step left foot to left side. Touch ball of right beside left
- 5-8 Repeat above 4 counts. (use your own style on these 8 counts, loosen up and have fun!!).

VINE RIGHT, HANDS UP, SNAP, VINE LEFT, HANDS UP, SNAP

- 9 Step right foot to right side starting to swing both hands down beside hips
- 10 Step left foot crossed behind right-hands are now back past hips slightly, body is slightly tilted forward.
- 11 Step right foot to right side, straightening body and swinging both hands forward and up.
- 12 Touch ball of left foot forward snapping both hands overhead
- 13-16 Repeat above 4 counts left starting with left foot.

DOUBLE HIP WALK RIGHT, LEFT, RIGHT, LEFT WITH CELEBRATION HANDS

Because I wanted this dance to have a celebration type of feeling, I have choreographed special arm/hand movements (optional) for this section. Try it! It will have a great visual effect when done in large groups of people!

- 17& Step right foot forward, bump hips right, hands will have just snapped overhead, keep them there and wave both hands right slightly as you bump hips right. & wave hands left slightly as you bump hips left.
- 18 Wave hands right slightly as you bump hips right shifting weight to right foot.
- 19& Placing left foot forward bump hips left, hands wave left. & bump hips right, hands wave right.
- 20 Bump hips left shifting weight to left foot, hands wave left.
- 21-24 Repeat above 4 counts.

STEP, ½ TURN LEFT, STEP, ¼ TURN LEFT, STOMP, STOMP, TRIPLE CLAP

- 25-26 Step forward with right, turn ½ left shifting weight forward to left foot.
- 27-28 Step forward with right, turn ¼ left shifting weight to left foot.
- 29-30 Stomp right foot beside left, stomp left foot beside right.
- 31&32 Clap 3 times.

REPEAT





墙数:4