

Vintage Boogie

COPPER **NOB**
BY STEPHEN BRETZ

拍数: 96 墙数: 1 级数: Improver two step
编舞者: Richard Ng (SG) & Florence Ng
音乐: Cowboy Tequila - Adam Brand



This dance is dedicated to the "Vintage Care Group" and the "Risen Christ Line Dance Group" both from the Church of the Risen Christ and our faithful and loyal "The Bootscooters"

RIGHT VINE/CLAP; LEFT VINE/CLAPS

1-4 Step right to right, left behind, step right to right, touch with a clap
5-8 Step left to left, right behind, step left to left, touch with a clap

SIDE STEP AND TOUCH/CLAP TWICE

1-2 Step right to right, left touch right instep with a clap
3-4 Step left to left, right touch left instep with a clap
5-6 Repeat 1-2
7-8 Repeat 3-4

NORTHERN KICK- RIGHT WALK FORWARD, KICK/SHOUT; WALK BACKWARD; REPEAT THE ABOVE WITH LEFT WALK FORWARD

1-4 Walk northwards-right, left, right, left kick forward, throw hands into the air and shout!
5-8 Walk backwards-left, right, left, right
9-12 Repeat 1-4 starting with left
13-16 Repeat 5-8 starting with right

BUTTOCKS BUMPS-RIGHT AND LEFT AND ROLLS, REPEAT THE ABOVE WITH LEFT AND RIGHT

1-4 Step right toe forward and bump right hip forward, hold, transfer weight to left and bump left hip backward, hold
5-8 Roll hips -to the right
9-12 Mirror 1-4 starting with left
13-16 Roll hips around to the left

ARMS SIDE ELBOW AND SIDE CHOP; SHOULDERS SHRUGS

1-4 With fingers grip, elbows open and parallel to the ground, stretch elbows backwards for 4 counts
5-8 Maintaining same posture, extend hand backwards in karate chopping outwards
9-12 Shoulders shrugs: left upwards, right upwards, left upwards, right upwards
13-16 Repeat 9-12

GRIPS-UPWARDS, DOWNWARDS, ROTATES

1-4 Push both hands forward, palm facing upward, grip 4 times
5-8 Rotate palm downwards, grip 4 times
9-12 Rotate wrists inwards 4 times
13-16 Rotate wrists outwards 4 times

BELLY SUCKS

1-2 Suck belly button inwards and push outwards-placing both palms against the belly
3-16 Repeat the above

REPEAT