The Voice



拍数: 0 墙数: 1 级数: Intermediate

编舞者: John "Grrowler" Rowell (UK) 音乐: You're the Voice - John Farnham



Sequence: AB, AB, and so on

SECTION A

KICK-BALL-CROSS, KICK-BALL-CROSS, ROCK-RECOVER, ½ TURN SAILOR

1&2 Kick right forward, step on right in place, cross left over right 3&4 Kick right forward, step on right in place, cross left over right

5-6 Rock forward on right, recover on left

7&8 Sweep right ½ turn right, stepping on right step left next to right, step right in place (to the

right, 6:00)

STEP & PIVOT, ½ PIVOT-TOGETHER, BACK LOCK STEP, COASTER STEP, STEP-½ PIVOT

1& Step left forward, pivot ½ turn right (12:00)

2 On ball of right pivot ½ turn right, stepping left next to right (6:00)

Step back right, lock left over front of right, step back right
Step back left, step right next to left, step forward left

7-8 Step right forward, pivot ½ turn left (12:00)

STEP-1/4 PIVOT, WEAVE LEFT, CROSS ROCK-RECOVER, & CROSS & HEEL

1-2 Step right forward, pivot ½ turn left (9:00)

3&4 Cross right in front of left, step left to left, cross right behind left

&5-6 Step left to left, cross rock right over left, recover on left

&7&8 Step right to right, cross left over right, step right to right, dig heft heel to left

& CROSS ROCK-RECOVER, & CROSS & HEEL, & CROSS-UNWIND, KICK-BALL-CROSS

1&2 Step left next to right, cross rock right over left, recover on left

Step right to right, cross left over right, step right to right, dig heft heel to left Step left next to right, cross right over front of left, unwind ½ turn left (3:00)

7&8 Kick right forward, step on right in place, cross left over right

POINT-CROSS, COASTER STEP, POINT-CROSS, COASTER STEP

1-2 Point right to right, cross right over front of left, stepping on ball of foot (do not drop heel)

3&4 Step back left, step right next to left, step forward left

5-6 Point right to right, cross right over front of left, stepping on ball of foot (do not drop heel)

7&8 Step back left, step right next to left, step forward left

MAMBO STEP, TRIPLE-1/2-TURN, KICK & POINT, KICK & POINT

1&2 Rock forward on right, recover on left, step back on right

3&4 Step back left, step right ¼ turn right, ¼ turn right stepping left forward (9:00)

Kick right forward, step right in place, tap left to left Kick left forward, step left in place, tap right to right

SAILOR-STEP, 1/2-TURN-SAILOR, STEP-LOCK-STEP, CROSS-UNWIND

1&2 Step right behind left, step left in place, step right to right

3&4 Sweep left ½ turn left, stepping on left step right next to left, step left in place (3:00)

5&6 Step right forward, lock left behind right, step right forward
7-8 Cross left over front of right, unwind three ½ turn right (12:00)

SIDE SHUFFLE. CROSS-UNWIND. ROCK-FORWARD. & SIDE. & BEHIND-SIDE-FRONT

1&2 Step left to left, step right next to left, step left to left

3-4 Cross right in front of left, unwind full turn left

5&6& Rock forward on right, recover on left, rock right to right, recover on left

Step right behind left, step left to left, cross right in front of left 7&8

Omit counts 9 - 12 on the very first Section A only

STEP-1/2 PIVOT, STEP-1/2 PIVOT

9-12 Step left forward, pivot ½ turn right, step left forward, pivot ½ turn right

SECTION B

WEAVE-RIGHT, CROSS-SHUFFLE, SCISSOR-STEP, 1/4-TURN-SHUFFLE

& Sweep left from back to front

1&2 Step left across front of right, step right to right, step left behind right

&3&4 Step right to right, step left across right, step right to right, step left across right

5&6 Step right to right, step left next to right, step right across front of left 7&8 Step left to left, step right next to left, step left 1/4 turn left (9:00)

ROCK-RECOVER, COASTER-STEP, ROCK-RECOVER, COASTER-THREE-1/4-TURN

1-2 Rock forward on right, recover on left

3&4 Step back right, step left next to right, step forward right

5-6 Rock forward on left, recover on right

7& Step left ¼ turn left. pivot ¼ turn left on left stepping right forward (3:00)

Pivot ¼ turn left on right stepping left forward (12:00) 8

WEAVE-LEFT, CROSS-SHUFFLE, SCISSOR-STEP, 1/4-TURN-SHUFFLE

& Sweep right from back to front

1&2 Step right across front of left, step left to left, step right behind left Step left to left, cross right over left, step left to left, cross right over left &3&4

5&6 Step left to left, step right next to left, cross left over right

7&8 Step right to right, step left next to right, step right ¼ turn right (3:00)

ROCK-RECOVER, COASTER-STEP, ROCK-RECOVER, STEP-BACK, 1/4-TURN

1-2 Rock forward on left, recover on right

3&4 Step back left, step right next to left, step forward left

5-6 Rock forward on right, recover on left

7-8 Step back right, step left ¼ turn left (12:00)

OPTIONAL INTRODUCTION

All this section is "hesitation steps" - one movement followed by a hold for three counts. I.e. One movement every 4 beats

1/2 MONTEREY TURN

1-4 Tap right to right, hold for three counts (12:00)

5-8 Pivot ½ turn right stepping right next to left, hold for three counts (6:00)

9-12 Tap left to left, hold for three counts

13-16 Step left next to right, hold for three counts

1/2 MONTEREY TURN

1-4 Tap right to right, hold for three counts

5-8 Pivot ½ turn right stepping right next to left, hold for three counts (12:00)

9-12 Tap left to left, hold for three counts

13-16 Step left next to right, hold for three counts

STEP - 1/2 PIVOT, WALK RIGHT - LEFT

Step forward right, hold for three counts (12:00) 1-4 5-8 Pivot ½ turn left, hold for three counts (6:00)

9-12	Step forward right, hold for three counts
13-16	Step forward left, hold for three counts

STEP - ½ PIVOT, WALK RIGHT - LEFT

1-4	Step forward right, hold for three counts
5-8	Pivot ½ turn left, hold for three counts (12:00)
9-12	Step forward right, hold for three counts
13-16	Step forward left, hold for three counts