

# Wabash Rock

**COPPER KNOB**  
STEPSHEETS

拍数: 32      墙数: 2      级数: Intermediate  
编舞者: Todd Lescarbeau (USA)  
音乐: Wabash Cannonball - The GrooveGrass Boyz



## STEP-HITCHES WITH FINGER SNAPS, SYNCOPATED JAZZ-BOX

- 1-2      Step forward on right, hitch left knee as you snap fingers (hands move downward)  
3-4      Step forward on left, hitch right knee as you snap fingers (hands move downward)

**When stepping forward, an option would be to cross the "stepping foot" over and follow with the hitch of the knee**

- 5-6      Step forward on right, hitch left knee while snapping fingers  
7&8      Cross and step left over right, step back on right, step left beside right

## TOE BACK, ½ TURN RIGHT, STEP, CLAP, OUT RIGHT-OUT LEFT, ½ LEFT WITH JUMPS

- 1-2      Touch right toe back, turn ½ right placing weight on right foot  
3-4      Step left next to right, clap hands!  
5-6      Step right foot to side, step left foot to side (feet approx. 12-18" apart) see below for hand movements  
7&8      Turning to 1/8 left, slightly jump moving feet in (approx. 3"), continue to turn another 1/8 left moving feet inward another 3", finish rotating another ¼ left moving feet together

**Hand movements: As you step right foot to right, bring right hand out to side palm facing out. Repeat same movement for the "left step to side." As you turn ½ left bring arms in crossing in front of chest. Palms resting just below the shoulders**

## SIDE-ROCK, CROSS, TOUCH, ¼ TURN LEFT WITH HOOK, SHUFFLE STEP, HIP BUMPS

- 1&2      Step right foot to right, recover onto left foot, cross-step right foot over left  
3-4      Touch left toe out to side, turn ¼ left and hook left foot over right shin  
5&6      Shuffle step forward left-right-left  
7-8      Step forward on right and bump hips forward two times

**Hand movements: As you bump hips forward, take right hand and pull in a downward motion (simulating pulling the cord of a train whistle)**

## SYNCOPATED ROCKS, RIGHT KICK FORWARD, ¼ TURN LEFT, SLAP HEEL

**Hand movements: While executing the "syncopated rock steps", try a circular motion of the hands -- palms face in towards waist fingers extended (but not fanned) moving: forward, down and up**

- 1&2&      Rock forward on left, recover onto right, rock back on left, recover onto right  
3&4&      Rock forward on left, recover on right, rock forward on left, recover on right  
5&6      Rock back on left, recover on right, rock forward on left foot  
7-8      Kick right foot forward. Turning ¼ left, swing right foot out to side and slap heel with right hand

## REPEAT

**When Using the music "Wabash Cannonball", there will be a "BREAK" in the music. Continue to do the dance until you get to the bumps. Add two more bumps (this will make a total of 4 bumps) then go into the rock steps finishing the dance.**