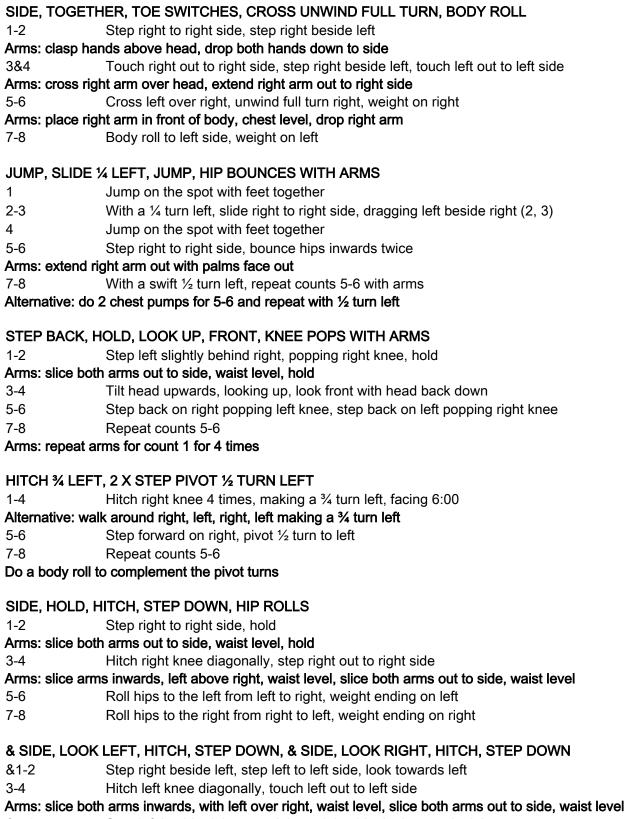
Wait A Minute

拍数: 64

级数: Intermediate hip hop

编舞者: Joanne Wong (MY)

音乐: Wait A Minute - The Pussycat Dolls



- &5-6 Step left beside right, step right to right side, look towards right
- 7-8 Hitch right knee diagonally, step right to right side

Arms: repeat arms for counts 3-4





墙数:4

BEHIND, SIDE, TOGETHER, JUMP, BEHIND, FORWARD WITH ¼ TURN LEFT, TOGETHER, JUMP
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- 1-3 Cross left behind right, big step right to right side, step beside right
- 4 Jump with both feet together
- 5-7 Cross right behind left, step left forward with a ¼ turn left, step right beside left
- 8 Jump with both feet together

CHEST PUMPS

1-4 Take 4 small steps forward, starting with right, with chest pumps

*As you step forward, tilt body side to side, from right to left and vice versa

5&6 Step right beside left, tilt body slightly to right side and do 3 (or 2) chest pumps

7&8 Tilt body slightly to left side and do 3 (or 2) chest pumps

Arms: clench palms into fists, place fists at chest level, facing each other while doing chest pumps from counts 1-8

REPEAT

TAG

After wall 1, start the dance again from the 3rd 8, i.e. Leaving out the first 16 counts. Do only 32 counts and start the dance again, facing 6:00

RESTART

On wall 5, do the first 48 counts and start the dance again, facing 6:00