

Walkin' A Mile

COPPER KNOB
STEPPERS

拍数: 32 墙数: 2 级数: Beginner
编舞者: Jan Wyllie (AUS)
音乐: Walk a Mile In My Shoes - Ray Stevens



WALK FORWARD LEFT, RIGHT, LEFT, TOUCH, WALK BACK RIGHT, LEFT, RIGHT, TOUCH

1-4 Walk forward left, right, left, touch right beside left
5-8 Walk back right, left, right, touch left beside right

¼ LEFT WALK FORWARD LEFT, RIGHT, LEFT TOUCH, WALK BACK RIGHT, LEFT, RIGHT, TOUCH

9-12 Making ¼ left walk forward left, right, left, touch right beside left
13-16 Walk back right, left, right, touch left beside right

FORWARD ROCKING CHAIR HOLD, BACK ROCKING CHAIR HOLD

17-20 Making ¼ left rock/step forward on left, rock back on right, step back on left, hold
21-24 Rock/step back on right, rock forward on left, step forward on right, hold

CROSS/ROCK RETURN, STEP LEFT HOLD, CROSS/ROCK RETURN, STEP RIGHT HOLD

25-28 Cross/rock left over right, rock back on right, step left to left, hold
29-32 Cross/rock right over left, rock back on left, step right to right, hold

REPEAT
