

The Waltz

拍数: 48 墙数: 4 级数: Intermediate waltz
编舞者: Jan Wyllie (AUS)
音乐: The Dance - Anne Kirkpatrick



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- 1-2-3 Step forward on left, step right beside left, step left beside right (waltz forward)
4-5-6 Step back on right, step left beside right, step right beside left (waltz back)
- 7-8-9 Step forward on left making $\frac{1}{4}$ turn left, step right beside left step left beside right
10-11-12 Step back on right, step left beside right, step right beside left (waltz back)
- 13-14-15 Step forward on left making $\frac{1}{4}$ turn left, step right beside left step left beside right
16-17-18 Step back on right raising left heel, hold, lower left foot to floor
- 19-20-21 Step forward on right, step left beside right, step right beside left (waltz forward)
22-23-24 Step forward on left, rock right to right side, rock weight to left
- 25 Rock/step right behind left keeping left in place
26-27 Rock weight forward on to left, step right to right side
28 Step left behind right
29 Making $\frac{1}{4}$ turn right step right to right
30 Making $\frac{1}{4}$ turn right step left to left side
- 31 Rock/step right behind left keeping left in place
32-33 Rock weight forward on to left, step right to right side
34-35-36 Step left behind right, step right to right, rock/step left to left
- 37-38-39 Cross/rock right across left, rock back on left, making $\frac{1}{4}$ right step forward on right
40-41-42 Step forward on left while extending left hand forward, hold, step back on right
- 43 Making $\frac{1}{4}$ turn left step left to left side
44-45 Cross/rock right across left, rock weight to left
46-47-48 Making $\frac{1}{4}$ right step forward on right, make a full turn right stepping left, right

REPEAT

TAG

at the beginning of 6th wall(facing 3:00)

- 1-2-3 Waltz forward left, right, left
4-5-6 Waltz back right, left, right
7-8-9 Waltz forward left, right, left
10-11-12 Waltz back right, left, right while making $\frac{1}{2}$ turn left
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