Watermelon Crawl (P)



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音乐: Watermelon Crawl - Tracy Byrd



Position: Couples in sweetheart promenade position.

POLKA STEPS

1&2	Polka step forward on right, left, right
3&4	Polka step forward on left, right, left
5&6	Polka step forward on right, left, right
7&8	Polka step forward on left, right, left

JAZZ BOX & JAZZ BOX TURN

1 Crossing right foot over left, step to left side of left
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2 Step left foot back

3 Step right foot to right side of left foot

4 Step left foot beside right foot

5 Releasing right hands, cross right foot over left, stepping back and to left side of left foot

6 Raising left hands, make at least a ¾ turn to the left by unwinding legs

7 Step right foot to right side of left foot, completing full turn

8 Step left foot beside right foot, returning hands to promenade position

VINES & KICKS MAN'S STEPS

1	Step right foot to side right
2	Raise left hands over lady's head as you cross left foot behind right leg, stepping left foot to side right
3	Lower left hands as you step right foot to side right
4	Kick left foot to right side
5	Raise left hands over lady's head as you step left foot to side left
6	Lowering left hands and raising right hands over lady's head. Cross right foot behind left leg, stepping right foot to side left
7	Lover right hands as you step left foot to side left
8	Kick right foot to left side

1 Raise right hands over lady's head as you step right foot to side right

2 Lower right hands back into promenade position as you step left foot beside right foot

3 Rock back on heels of both feet

4 Return both feet to floor with weight on right foot

LADY'S STEPS

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1	Crossing right foot over left, step to side left
2	Under raised left hand, make ½ turn to the right, stepping slightly back on left foot
3	Step right foot to side right
4	Kick left foot to right side
5	Under raised left hand, step left foot to side left as you turn body ¼ turn to the left
6	Under raised right hand, make ¼ turn left as you step right foot to side right
7	Make ½ turn to left as you step left foot to side left
8	Kick right foot to left side

3	Rock back on heels of both feet
4	Return feet to floor with weight on right foot
CRAWL W	/ITH PIVOT TURNS
5	Bending at knees, step forward on left foot, well forward but to the right of right foot
6	Bending at knees a little deeper, step forward on right foot, well forward but to the left of left foot
7	Bending at knees a little deeper, step forward on left foot, well forward but to the right of right foot
8	Rising completely upright at knees, step forward on right foot
1	Step forward on left foot
2	Pivot ½ turn to the right
3	Bending at knees, step forward on left foot, well forward but to the right of right foot
4	Bending at knees a little deeper, step forward on right foot, well forward but to the left of left foot
5	Bending at knees a little deeper, step forward on left foot, well forward but to the right of right foot
6	Rising completely upright at knees, step forward on right foot
7	Raising left hands, release right hands with man placing right hand behind his back at waist to be taken in lady's right hand, step forward on left foot
8	Lower left hands as you pivot $\frac{1}{2}$ turn to the right while raising right hands up and over lady's head
HIP BUMF	PS & CRAWL
1	Release left hands, stepping forward on left foot while pivoting $\frac{1}{4}$ to the right into a left hip bump, with man's hands placed over lady's hands at the lady's waist
2	Bump hips to the left
3	Bump hips to the right
4	Bump hips to the right
3	Bending at knees, bump hips to the left
6	Bending at knees a little deeper, bump hips to the right
7	Bending at knees a little deeper, bump hips to the left
8	Rising completely upright at knees, bump hips to the right
1	Rising slightly upward at knees, bump hips to the left
2	Rising completely upright at knees, bump hips to right
3	Making $\frac{1}{4}$ turn left back into line of dance, step forward on left foot as you return hands to promenade position
4	Stomp right foot beside left foot
5	Bending at knees, step forward on left foot, well forward but to the right of right foot
6	Bending at knees a little deeper, step forward on right foot, well forward but to the left of left foot
7	Bending at knees a little deeper, step forward on left foot, well forward but to the right of right foot
8	Rising completely upright at knees, step forward on right foot
HEEL TO	JCHES & HOOKS

Under raised right hand, step right foot to side right as you turn body ¼ turn to the right

Make ¼ turn right as you step left foot to side left

1

2

1

2

3

4

5

Touch left heel out front

Touch left heel out front

Touch right heel out front

Step left foot beside right foot

Hook left heel in front of right knee

6 Hook right heel in front of left knee
7 Touch right heel out front
8 Step right foot beside left foot
1 Kick left foot forward
2 Kick left foot forward
3 Step back on left foot
4 Touch right toe back

REPEAT