

Wavy Gravy

COPPER KNOB
STEPSHEETS

拍数: 48 墙数: 4 级数: Intermediate
编舞者: Neil Hale (USA)
音乐: Slippin' and Slidin' - Willie & The Poor Boys



TOE/HEEL PATTERN WITH FINGER SNAPS

Both hands snap fingers in front of right shoulders on counts 2 and 6 and in front of left shoulder on counts 4 and 8.

- 1-4 Right toe touch back. Right heel down. Left toe touch back. Left heel down.
- 5-6 Right toe touch back. Right heel down.
- 7-8 Left toe touch back next to right. Left heel down.

HEELS/TOES SWIVELS LEFT, HOLD, HEELS/TOES SWIVELS RIGHT, HOLD

- 1-4 Swivel heels left. Swivel toes left. Swivel heels left. Hold.
- 5-8 Swivel heels right. Swivel toes right. Swivel heels right. Hold.

TOE/HEEL PATTERN, TOE/STEP PATTERN

Progress forward for next 8 counts. Toe touches and steps are done with toes pointing inward.

- 1-2 Right toe touch in front of left toe. Right heel down.
- 3-4 Left toe touch in front of right toe. Left heel down.
- 5-6 Right toe step in front of left toe. Left toe step in front of right toe.
- 7-8 Right toe step in front of left toe. Left toe step in front of right toe.

HEEL SWIVELS WITH TOE/HEEL TOUCHES, CROSS-TOUCH, HEEL DOWN, SCOOT BACK INTO ¼ TURN, STEP FORWARD, BRUSH, SCOOT FORWARD

- 1 Left heel swivel right as right toe touches to left instep
- 2 Left heel swivel left as right heel touches to left instep
- 3-4 Left heel swivel right as right toe cross-touches over left. Right heel down.
- 5-6 Right scoot back into ¼ turn right bringing left knee up. Left step forward.
- 7-8 Right brush forward bringing right knee up. Left scoot forward while right knee is still raised.

STEP/EXTEND FOREARM, STEP/EXTEND FOREARM, PALM SNAPS, MONTEREY TURN

Feet are parallel to each other after steps forward

- 1 Right step forward and extend right forearm directly forward with palm facing left
- 2 Left step forward and extend left forearm directly forward with palm facing right
- 3&4 Snap palms: right up, left down; left up, right down; right up, left down
- 5-6 Right toe point side right. Spin ½ turn right on ball of left and step right next to left
- 7-8 Left toe point side left. Left step next to right

RIGHT KICK/TOUCH/KICK, ¼ PIVOT, "HOT TAMALE" SHOULDER SHIMMIES

- 1-2 Right kick forward. Right toe touch next to left.
- 3-4 Right kick forward. Pivot ¼ turn left on ball of left while right is still kicked out
- 5-8 Right step side right

With feet apart, bend knees, crouch down, and begin shimmying shoulders as you begin a 4 count ¼ pivot turn. Continue shoulder shimmies for each count to complete a ¼ pivot left as you gradually straighten up, ending with weight on left.

You should now be facing ¼ turn right from starting position.

REPEAT