拍数： 32
墥数： 4
级数：Beginner
编舞者：David Grant（UK）
音乐：Way Gone－Brooks \＆Dunn

This is a swing style dance，the arms are meant to move freely．Bumps are exaggerated by lifting the heel off the floor．Bounce along with the music

## FORWARD DIAGONAL BUMP RIGHT，DIAGONAL BUMP LEFT，DIAGONAL BUMP RIGHT，DIAGONAL BUMP LEFT

## Arms are bent at the elbows parallel to the floor

1 Step diagonally forward on the right foot bumping right hip to the right and swinging both hands to the right
2 Touch the left toes next to the right and snap the fingers
3 Step diagonally forward on the left foot bumping left hip to the left and swinging both hands to the left
$4 \quad$ Touch the right toes next to the left and snap the fingers
5
Step diagonally forward on the right foot bumping right hip to the right and swinging both hands to the right
Touch the left toes next to the right and snap the fingers
Step diagonally forward on the left foot bumping left hip to the left and swinging both hands to the left
8 Touch the right toes next to the left and snap the fingers

## BACKWARD DIAGONAL BUMP RIGHT，DIAGONAL BUMP LEFT，DIAGONAL BUMP RIGHT，DIAGONAL BUMP LEFT

9
Step diagonally back on the right foot bumping the right hip to the right and swinging both hands to the right
10 Touch the left toes next to the right and clap both hands
11 Step diagonally back on the left foot bumping the left hip to the left and swinging both hands to the left
Touch the right toes next to the left and clap both hands
Step diagonally back on the right foot bumping the right hip to the right and swinging both hands to the right
14
Touch the left toes next to the right and clap both hands
15
Step diagonally back on the left foot bumping the left hip to the left and swinging both hands to the left
16
Touch the right toes next to the left and clap both hands

## $1 / 4$ TURN，SHUFFLE， $1 ⁄ 2$ TURN SHUFFLE BACK，ROCK STEP

Step forward on the right foot turning $1 / 4$ turn to the left（pivoting on the ball of the left foot and bumping the hips right）
18 Transfer weight to the left foot by bumping the hips to the left，（9：00）
19\＆20
Shuffle forward right，left，right
21\＆22 Shuffle forward left，right，left turning $1 / 2$ turn to the right，（3：00）
23 Step back on to the right foot
24 Rock forward on to the left foot

## SYNCOPATED SPLITS

\＆
Step slightly forward and out on the right foot
Step out on the left foot
Hold
26
Step slightly forward and in on the right foot

Step together on the left foot
Hold
Step slightly forward and out on the right foot
Step out on the left foot
Step slightly forward and in on the right foot Step together on the left foot
Step slightly forward and out on the right foot Step out on the left foot
Step slightly forward and in on the right foot Step together on the left foot

## REPEAT

