The Way Things Are



拍数: 48 墙数: 4 级数: Intermediate

编舞者: Jim Grice (UK)

音乐: The Way Things Are - Scooter Lee



LEFT CHASSE 1/4 TURN LEFT, SIDE TAP, ROCK, ROCK, TAP, KICK

1&2 Step left to left, close right beside left, step left to left turning ¼ left

3-4 Step right to right side, tap left toe behind right heel

5-6 Rock to left side on left, rock to right on right

7-8 Tap left toe behind right heel, kick left foot forward

You are now facing 9:00

STEP BACK LEFT, HALF TURN RIGHT, LEFT SHUFFLE, RIGHT KICK BALL STEP, HIP BUMPS

1-2 Step back on left, turn ½ turn right on right

3&4 Left shuffle forward.

5&6 Kick right foot forward, step right in place, step forward on left

7&8 Hip bumps left, right, left

You are now facing 3:00

RIGHT SAILOR, LEFT SAILOR WITH 1/4 TURN LEFT, RIGHT SAILOR, ROCK FORWARD, ROCK BACK

1&2 Step right behind left, step left to left, step right in place

3&4 Step left behind right, step right to right with a ¼ turn left, step left in place

5&6 Step right behind left, step left to left, step right in place 7-8 Rock forward onto left foot, rock back onto right foot

You are now facing 12:00

TURN 1/4 TURN LEFT, PAUSE, ROCK, ROCK SHUFFLE, SHUFFLE

1-2 Turn ¼ turn left onto left, hold

3-4 Angling your body diagonally to the right rock onto right, angling your body to the left rock

onto left

Angling you body diagonally to the right, shuffle right
Angling your body diagonally to the left, shuffle left

You are now facing 9:00

WALK FORWARD RIGHT LEFT RIGHT, KICK LEFT FORWARD, ROCK ROCK, LEFT SHUFFLE FORWARD

1-2 Walk forward right, walk forward left3-4 Walk forward right, kick left foot forward

5-6 Rock back onto left foot, rock forward onto right

7&8 Left shuffle forward

You are facing 9:00

PIVOT ½ TURN LEFT, SHUFFLE ¼ TURN LEFT, STEP LEFT BEHIND RIGHT TURN ¼ TURN RIGHT, STOMP LEFT, STOMP RIGHT

1-2 Step forward on right, pivot ½ turn left

3&4 Step onto right turning ¼ turn left, close left beside right, step right to right

You are now facing 12:00

5-6 Step left behind right, turn ¼ turn right onto right 7-8 Stomp left beside right, stomp right beside left

You are now facing 3:00

REPEAT

