

编舞者: Gerard Murphy (CAN) 音乐: The Way - Clay Aiken



Start the dance after 16 counts in, even though the lyrics begin immediately

SIDE, ROCK STEP, SIDE, BALL CROSS, SIDE ROCK RECOVER STEP FORWARD, STEP ½ PIVOT		
1-2&	Long step right to right, rock step left behind right, recover onto right	
3-4&	Long step left to left, step right behind left, step on ball of left	
5-6&	Cross step right over left, rock step left to left, recover onto right	
7-8&	Step left forward, step right forward, ½ turn pivot left (weight to left)	

WALK WALK, FORWARD ROCK RECOVER STEP BACK, CROSS STEP 1/4 SWEEP, ROCK STEP

1-2-3	Traveling forward - long cross step right over left, long cross step left over right, long cross
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step right over left

4& Rock step left forward, recover onto right

5-6& Step left directly back, cross step right over left, step left directly back

7-8& Sweep right out and around making ¼ turn right, rock step right behind left, recover in place

onto left

SIDE, CROSS STEP, ¼ SIDE STEP, STEP ¼ PIVOT, CROSS STEP, SIDE ROCK RECOVER, CROSS STEP, ¼ STEP, ¼ STEP

1-2&	Long step right to right, cross rock left over right, recover onto right
3-4&	Long step left to left making ¼ turn left, step right forward, ¼ pivot left (weight to left)
5-6&	Cross step right over left, rock step left to left, recover onto right
7-8&	Cross step left over right, step right to right making $\frac{1}{4}$ turn left, step left to left making $\frac{1}{4}$ turn left

CROSS STEP, SIDE SWAY, ¼ RECOVER, SHUFFLE FORWARD, FORWARD ROCK ¼ RECOVER, CROSS STEP

1	Cross step right over left
2-3	Step left to left with sway, recover onto right making ¼ turn right
4&5	Shuffle step forward - left, right lock behind left, left
6&7	Rock step right forward, recover onto left, step right to right making a ¼ turn right
8	Cross step left over right

REPEAT

TAG

At the end of the dance the first time you hit the back wall (after 2 rotations) and again when you next hit the 3:00 wall (after another 3 rotations)

1-2 Step right to right, cross step left over right