

拍数: 38 墙数: 0 级数:

编舞者: Sue "Shinyboots" Bearsley (UK)

音乐: What If - Kate Winslett



Intro is about 43 seconds, Start on the word "I" (The first time she sings the line "What if I had never let you go")

ROCK BACK RECOVER, FULL TURNING CHA-CHA, LEFT BACK RECOVER, RIGHT BACK RECOVER 1/4 LEFT, STEP RIGHT TO RIGHT SIDE

1&2 Rock left foot back recover right

3&4 Triple full turn left stepping right, left, right

5&6 Rock left foot back recover right

7&8 Rock right back recover with a ¼ of a turn left, step right to right side

ROCK BACK RECOVER, BEHIND, SIDE, IN FRONT, STEP LEFT TO LEFT SIDE SWAYING LEFT, RIGHT, LEFT, RIGHT

1&2 Rock left foot back recover right

Cross right behind left, step left to left side, cross right in front of left

Step left foot to left side putting weight on left, sway weight over to right

7-8 Sway weight back to left, sway weight back to right

ROCK BACK RECOVER, FULL TURNING CHA-CHA LEFT, SKATE BACK LEFT, RIGHT, LEFT SKATE SHUFFLE

1&2 Rock left foot back recover right

3&4 Triple full turn left stepping right, left, right

5-6 Skate back left, right

7&8 Step left back, right back, left back, (skate your feet as you do this)

CROSS ROCK MAMBOS RIGHT AND LEFT, CROSS UNWIND ½ TURN, PADDLE 1/8 TURN LEFT

1&2 Cross rock right over left recover left, replace right next to left 3&4 Cross rock left over right recover right, replace left next to right

5-6 Cross right over left unwind ½ a turn left

7-8 Step right foot forward pivot 1/8th of a turn on ball of right root

PADDLE 1/8 TURN LEFT. MAMBOS FORWARD & BACK

1-2 Step right foot foreword pivot 1/8 turn on ball of right, (leaving weight on right)

3&4 Rock forward on left recover right, step left in place

5&6 Rock back on right recover left, step in place

REPEAT

TAG 1

Do this at the end of wall 2

SKATE FORWARD LEFT, RIGHT, MAMBO FORWARD & BACK, SKATE FORWARD LEFT, RIGHT, LEFT, RIGHT

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|-----|--------------------------|
| 1-2 | Skate forward left_right |

Rock forward on left recover right, step left beside right Rock back on right recover left, step right beside left

7-8 Skate forward left, right 9-10 Repeat counts 7-8

TAG 2

Do this at the end of wall 3

SKATE FORWARD LEFT, RIGHT, MAMBO ROCKS FORWARD & BACK, SKATE FORWARD LEFT RIGHT

1-2 Skate forward left, right

Rock forward on left recover right, place left next to right Rock back on right recover left, place right next to left

7-8 Skate forward left, right

On final sequence after paddle turns hold, Then start dance again on the word "I" complete dance again include mambo steps to end with a full turn on the 9:00 wall