

What You're Made Of

COPPER KNOB
STEPSHEETS

拍数: 32 墙数: 4 级数: Intermediate
编舞者: Geri Morrison (UK)
音乐: What You're Made Of - Lucie Silvas



SIDE CROSS, SIDE CROSS, ROCK RECOVER CROSS, SIDE BEHIND, ¼ TURN LEFT, PIVOT ½ LEFT

1-2 Step right to right side, cross left over right
& Step right to right side
3-4 Cross left over right, rock right to right side
& Recover weight on left
5-6 Cross right over left, step left to left side
& Cross right behind left
7-8 Turn ¼ left stepping forward on left, step forward on right
& Pivot ½ turn left, (weight on left) (3:00)

WALK RIGHT LEFT, RIGHT MAMBO, ROCK BACK RECOVER, ½ TURN RIGHT, ROCK BACK RECOVER, POINT

1-2 Walk forward right, left, (option full turn forward left, stepping right, left)
3&4 Rock forward on right, recover weight on left, step right next to left
5&6 Rock left back, recover weight on right, make a ½ turn right stepping back on left
7&8 Rock back on right, recover weight on left, point right to right side, (9:00)

ROCK BACK ¼ TURN, POINT, CROSS BACK STEP, KICK, CROSS BACK STEP, ½ TURN RIGHT SAILOR STEP

1&2 Rock back on right turning ¼ turn right, recovering weight on left, point right to right side
3&4 Cross right over left, step back on left, step right next to left
& Kick left forward
5&6 Cross left over right, step back on right, step back on left, (traveling slightly back on 3&4 -5&6)
7&8 (½ Turn sailor) sweep right behind left making ½ turn right, step left beside right, right beside left, (6:00)

CROSS ROCK, RECOVER, SIDE TWICE, CROSS BACK STEP, ROCK BACK RECOVER, ¾ TURN LEFT

1-2& Cross rock left over right, recover weight on right, step left to left side
3-4& Cross rock right over left, recover back on left, step right to right side
5&6 Cross left over right, step back on right, step back on left, (1-6 traveling slightly back)
7&8 Rock back on right, recover weight on left, make ½ turn left stepping back on right
& Make a ¼ turn left on left

Left foot will be slightly crossed in front of right, weight on left (9:00)

REPEAT

RESTART

On the 3rd wall, after count 30, drop the 7&8& (facing 12:00), and start from the beginning

TAG

At the end of wall 6

1-2 Sway right, sway left
3-4 Sway right; sway left, then pause till the piano kicks in