Wheeler's Wiggle

拍数: 44

级数: Beginner

编舞者: Ken Wheeler (USA)

音乐: Get Into Reggae Cowboy - The Bellamy Brothers

RIGHT AND LEFT FORWARD ANGLE STEPS WITH BODY WIGGLES AND CLAPS: TWICE

- 1&2 Wiggling your body step forward on right at a right diagonal
- 3& Keep wiggling your body
- 4 Touch left beside right and clap
- 5&6 Wiggling your body step forward on left at a left diagonal
- 7& Wiggling your body
- Touch right beside left and clap 8
- 9-16 Repeat 1-8

RIGHT AND LEFT STEP-SLIDES WITH CLAP

- 17-18 Step right to right, slide/step left next to right
- 19-20 Step right to right, slide/touch left next to right and clap (weight on right)
- 21-22 Step left to left, slide right next to left
- 23-24 Step left to left, slide/touch right next to left and clap (weight on left)

RIGHT AND LEFT STEP-SLIDES WITH CLAP

- 25-26 Step right to right, slide/step left next to right
- 27-28 Step right to right, slide/touch left next to right and clap (weight on right)
- 29-30 Step left to left, slide right next to left
- 31-32 Step left to left, slide/touch right next to left and clap (weight on left)

RIGHT AND LEFT STEPS WITH CLAP

- 33-34 Step right to right, touch left next to right and clap
- 35-36 Step left to left side, touch right next to left and clap (weight on left)

IN-PLACE STEPS WITH HIP SWAYS AND HEEL SWINGS

In this sequence, face forward, feet stay on floor, knees slightly bent and sway hips.

- Step right to right, while keeping left toe on floor swing left heel up (out) 37
- 38 Shift weight to left, while keeping right toe on floor swing right heel up (out)
- 39 Shift weight to right while keeping left toe on floor swing left heel up (out)
- 40 Shift weight to left while keeping right toe on floor swing right heel up (out) (weight on left)

LEFT MILITARY TURNS

- 41-42 Leaving left in place; step forward on right, pivot 1/4-turn left shifting weight to left
- 43-44 Leaving left in place; step forward on right, pivot 1/4-turn left shifting weight to left

REPEAT





墙数: 2