Which Way



拍数: 40 增数: 1 级数: Beginner line/contra dance

编舞者: Janie Perkins (USA)

音乐: I'm from the Country - Tracy Byrd



RIGHT VINE, LEFT VINE

1-2	Step right to right side, step left behind right
3-4	Step right to right side, touch left next to right
5-6	Step left to left side, step right behind left
7-8	Step left to left side, touch right next to left

RIGHT VINE WITH HIP BUMPS

1-2	Step r	iaht to	riaht side.	step	left behind right

3-4 Step right to right side, step left next to right (weight on both feet)

5-6 Bump hips right, left7-8 Bump hips right, left

SHUFFLE STEPS, ½ TURNS, KICK BALL CHANGE

1&2	Step forward on right, step left next to right, step forward on right (right, left, right)
3&4	Step forward on left, step right next to left, step forward on left (left, right, left)
5-6	Step forward on right and turn ½ left shifting weight to left

7&8 Kick right foot forward, step on ball of right, step left in place (shift weight to left)

SHUFFLE STEPS, ½ TURN, KICK BALL CHANGE

1&2	Step forward on right, step left next to right, step forward on right (right, left, right)
3&4	Step forward on left, step right next to left, step forward on left (left, right, left)
5-6	Step forward on right and turn ½ left shifting weight to left

7&8 Kick right forward, step on ball of right, step left in place (shift weight to left)

1/4 TURN, HIP BUMPS

1-2	Step right ¼ turn right, touch left next to right
3-4	Step left 1/4 turn left, step right next to left
5-6	Bump hips right, left
7-8	Bump hips right, left

REPEAT