Whirlpool Cha Cha

拍数: 32

墙数: 0

编舞者: John Bishop (AUS) & Mary Targett (AUS)

音乐: Dance the Night Away - The Mavericks

Position: Partners start facing each other across LOD, Lead facing out from the circle and Follow facing inside of the circle, holding both hands.

Start after 48 beats (on vocals). Dance will end with scuff, step, scuff, stomp

ROCKS & TRIPLE STEPS

Styling: When rocking forward and back, you can bring your arms into the movement with a slight (or exaggerated) see-saw motion. Push left arm forward and pull right arm back on counts 1 and 5, return arms to neutral position on counts 2 and 6

LEAD:

- 1-2 Rock/step forward on left, rock back onto right
- 3&4 Triple step left, right, left
- 5-6 Rock/step back on right, rock forward onto left
- 7&8 Triple step right, left, right

FOLLOW:

- 1-2 Rock/step back on right, rock forward onto left
- 3&4 Triple step right, left, right
- 5-6 Rock/step forward on left, rock back onto right
- 7&8 Triple step left, right, left

KICK BALL-CROSS (AFTER ¼ TURN), COASTER STEP, SCUFF STEPS

LEAD:

- 9 Turn ¼ left (face LOD) and kick left forward
- & Step down on ball of left
- 10 Cross/step right over left
- 11 Rock back onto left (crossed behind right)
- &12 Step right together, step left forward
- 13-14 Scuff right forward, step down on right
- 15-16 Scuff left forward, step down on left

FOLLOW:

- 9 Turn ¼ right (face LOD) and kick right forward
- & Step down on ball of right
- 10 Cross/step left over right
- 11 Rock back onto right (crossed behind left)
- &12 Step left together, step right forward
- 13-14 Scuff left forward, step down on left
- 15-16 Scuff right forward, step down on right

CROSSOVERS

Start this section with leader on inside rail, follower on outside rail, both facing LOD holding inside hands. Start crossover with inside foot. Leader crosses in front (LOD) first, then follower crosses in front. LEAD:

- 17 Crossing in front of follower to the outside rail, step right forward at about 45 degrees right lifting right arm
- 18 Step left forward at about 45 degrees left
- 19&20Triple step right, left, right turning left to face follow
- 21 Moving behind follower and crossing to the inside rail, step left forward, lifting right arm
- 22 Step right forward in same direction





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er lead's right arm

LEAD:

25-26 Release hands, step right, left turning a full turn left

27&28 Retake inside hands, step right forward, step left together, step right forward

To make the dance progressive ('mixer'), on counts 27&28 lead should shuffle forward to the next follow in LOD (follows shuffle only slightly forward so leads can catch up) and immediately pick up both the follow's hands to go into the sideways shuffle.

- 29&30 Turn ¼ right to face follow (take both hands) and shuffle sideways left, right, left toward LOD (to your left)
- 31 Cross/step right over left
- 32 Touch (point) left toe to left (down LOD)

FOLLOW:

- 25-26 Release hands, step left, right turning a full turn right
- 27&28 Retake inside hands, step left forward, step right together, step left forward
- 29&30 Turn ¼ left to face lead (take both hands) and shuffle sideways right, left, right toward LOD (to your right)
- 31 Cross/step left over right
- 32 Touch (point) right toe to right (down LOD)

REPEAT