Whole Lotta History

拍数: 32

级数: Intermediate

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音乐: Whole Lotta History - Girls Aloud

DOROTHY-STEP, ¼ TURN & STEP BACK, BACK, TOGETHER, ¼ TURN & DOROTHY-STEP, ¼ TURN&STEP BACK, BACK, TOGETHER (CREATING A DIAMOND PATTERN)

1-2& Step left (to left diagonal), lock right behind left, step left (to left diagonal)

- 3-4& 1/4 turn left step back on right, step back on left, step right beside left
- 5-6& 1/4 turn left step left (to diagonal), lock right behind left, step left (to diagonal)
- 7-8& ¹/₄ turn left step back on right, step back on left, step right beside left

These steps are all danced along a diagonal, creating a diamond pattern - start and finish facing 12:00

SWAY, RECOVER, LEFT SAILOR, RIGHT SAILOR ¼ TURN RIGHT, ROLL THREE-¼ TURN RIGHT

- 1-2 (Facing 12:00) sway side left, recover
- 3&4 Left sailor
- 5&6 Right sailor with ¼ turn right (3:00)
- 7-8 1/2 turn right (9:00) step back left, 1/4 turn right (12:00) step right to side

DIAGONAL-ROCK, RECOVER, BACK, TOGETHER (STRAIGHTEN UP), ¼ TURN LEFT & STEP FORWARD, PIVOT THREE-¼ TURN LEFT, SIDE, BEHIND, STEP FORWARD

- 1-2& Rock forward left (to right diagonal), recover, step back left (still facing right diagonal)
- 3-4 Step right beside left (straighten up to 12:00), 1/4 turn left (3:00) step left forward
- 5-6 Step right forward, pivot three ¼ turn left (12:00)
- 7-8& Step right to side, cross left behind right, step right forward

PIVOT ½ TURN RIGHT, ROCK, RECOVER, TOGETHER, SWAY, RECOVER, RIGHT SAILOR

- 1-2 Step left forward, pivot ¹/₂ turn right (6:00)
- 3-4& Rock left forward, recover, step left beside right
- 5-6 Sway right to side, recover
- 7&8 Right sailor

REPEAT





墙数: 2

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