

拍数: 32 墙数: 4 级数:

编舞者: Mark Cosenza (USA) 音乐: Wild One - BR5-49



JUMP FORWARD RIGHT, LEFT, ROTATE HIPS, SWEEP 1/4 RIGHT, STEP LEFT, RIGHT

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&2 Rotate hips right, left
&3 Rotate hips right, left
&4 Rotate hips right, left

5-6 Sweep right foot out to the side and back turning \(^1\)/4 right (2-counts) (keep left foot pointing

towards original wall)

7 Hold

&8 Step left foot to new wall, touch right foot next to left foot

JUMP FORWARD RIGHT, LEFT, JUMP BACKWARD RIGHT, LEFT, TWIST RIGHT, LEFT, RIGHT, LEFT

Jump forward right & left pointing both feet at a 45 degree angle to the right, hold Jump backward left & right pointing both feet at a 45 degree angle to the left, hold

Twist heels left, twist heels right
Twist heels left, twist heels right

For added style: During twists, bend knees down 2 counts and up two counts

POINT RIGHT HAND & RIGHT KNEE, ROTATE 1/4 RIGHT, SHUFFLE RIGHT-LEFT-RIGHT, KICK BALL CROSS, ROTATE 1/4 LEFT

17-20 Point right hand and right knee forward and rotate ¼ right (in 4 equal counts)

21&22 Right shuffle forward: step forward with right & step together with left, step forward with right

With the body facing diagonally left, kick left forward to left diagonal Rock back on ball of left, step right across in front of left and rotate ¼ left

STEP LEFT SIDE, CROSS, STEP LEFT SIDE, CROSS, ½ TURN LEFT

25-26	Step left foot out to left side, hold
27-28	Cross right foot over left, hold
29-30	Step left foot out to left side, hold
31	Cross right foot over left

31 Cross right foot over left 32 Unwind ½ turn to the left

REPEAT

In order for the dance to fit the phrasing of the music, When facing Wall 1 the second time, only do counts 17-32. You should then begin the dance again at Wall 3