

Wind-It-Up (P)

COPPER KNOB
STEPSHEETS

拍数: 64 墙数: 0 级数: Partner
编舞者: Laurel Curtiss (USA) & Bob Curtiss (USA)
音乐: How'd I Wind Up In Jamaica - Tracy Byrd



Position: Both facing OLOD, man behind lady, hands joined at lady's waist, alike footwork except counts 1-4 (second section)

TRIPLE RIGHT, LEFT CROSS-ROCK-RECOVER, TRIPLE LEFT, RIGHT CROSS-ROCK-RECOVER

1&2 Right step side right, left step next to right, step side right on right
3-4 Left cross over right, rock-recover onto right
5&6 Left step side left, right step next to left, step side left on left
7-8 Right cross over left, rock-recover onto left

VINE RIGHT WITH TOUCH (LADY DOES ROLLING VINE RIGHT WITH TOUCH) LEFT SIDE, BEHIND, ¼ LEFT TURN, BRUSH AS THE FOLLOWING STEPS ARE PERFORMED

Partners drop left hands, lady turns under joined right hands:

1-2-3-4 **MAN:** Right step side right, left step behind right, step side right on right, touch left next to right
 LADY: Full turn right, stepping right-left-right, touch left next to right
5-6 Left step side left, right cross behind left
7-8 Left step forward turning ¼ left (now facing LOD and in side-by-side position) right brush forward

SHUFFLE FORWARD (2X) RIGHT SIDE-ROCK-CROSS, LEFT SIDE-ROCK-CROSS

1&2 Right step forward, left step forward next to right, step forward on right
3&4 Left step forward, right step forward next to left, step forward on left
5&6 Right step side right, rock-recover on left, cross right over left
7&8 Left step side left, rock-recover on right, cross left over right

RIGHT FORWARD-ROCK-RECOVER, COASTER STEP, LEFT FORWARD-ROCK-RECOVER, COASTER STEP

1-2 Right step forward, rock-recover on left
3&4 Right step back, left step back next to right, step forward on right
5-6 Left step forward, rock-recover on right
7&8 Left step back, right step back next to left, step forward on left

RIGHT FORWARD-ROCK-RECOVER, STEP BACK, CROSS-TOUCH LEFT, FORWARD ½ PIVOT RIGHT, FORWARD SHUFFLE

1-2-3-4 Right step forward, rock-recover on left, step back on right, touch left in front of and slightly across right

For style, angle back slightly with weight on right as you touch. As the following steps are performed, man and lady's left hand transfer to lady's left hip

5-6 Left step forward, pivot ½ right, transferring weight to right as you complete the turn
7&8 Left step forward, right step forward next to left, step forward on left (traveling RLOD)

RIGHT FORWARD-ROCK-RECOVER, BACK-ROCK-RECOVER, RIGHT FORWARD, PIVOT ½ LEFT, FORWARD SHUFFLE

1-2-3-4 Right step forward, rock-recover on left, step back on right, rock-recover on left

As the following steps are performed, left hands resume side-by-side position

5-6 Right step forward, pivot ½ left, transferring weight to left as you complete the turn
7&8 Right step forward, left step forward next to right, step forward on right (traveling LOD)

SHUFFLE FORWARD (4X) WITH OPTIONAL TURNS

- 1&2 Left step forward, right step forward next to left, step forward on left
3&4 Right step forward, left step forward next to right, step forward on right
5-8 Repeat above shuffle steps

Try adding some style of your own, with optional turns for the lady, man, or both together!

MAMBO FORWARD, MAMBO BACK, ¼ RIGHT PIVOT, HIP SWAYS, RIGHT TOUCH

- 1&2 Left step forward, rock-recover to right, step left slightly back, (toes next to right instep)
3&4 Right step back, rock-recover to left, step right slightly forward, (heel next to left instep)
5 Left step forward as you pivot ¼ right
6 As you transfer weight to right, sway hip side right
7-8 Rock weight to left as you sway left hip, right touch next to left

REPEAT
