

编舞者: Jan Wyllie (AUS)

音乐: Bird on a Wire - The Neville Brothers



ROCK RETURN, BACK LOCK STEP, BACK LOCK STEP, BACK LOCK STEP

1-2	Rock/step forward on right, rock back on left
3&4	Step back on right, lock/step left over right, step back on right
5&6	Step back on left, lock/step right over left, step back on left
7&8	Step back on right, lock/step left over right, step back on right

1/2 ROCK RETURN, 1/2 TURN, 1/2 TURN, 1/2 SHUFFLE, ROCK RETURN

9-10	Making ½ left rock/step forward on left, rock back on right
11	Making ½ left (back over left shoulder) step forward on left
12	Moving forward make a further ½ left stepping right

13&14 Making a further ½ left (back over left shoulder) shuffle forward left, right, left

15-16 Rock/step forward on right, rock back on left

COASTER STEP, SHUFFLE FORWARD, ROCK RETURN, 1/4 ROCK RETURN

17&18	Step back on right, step left beside right, step forward on right (coaster)
-------	---

19&20 Shuffle forward left, right, left

21-22 Rock/step forward on right, rock back on left

23-24 Making ¼ right rock/step right to right, rock/return weight sideways onto left

SAILOR STEP, BEHIND SIDE CROSS, SIDE ROCK RETURN, SAILOR STEP

25&26	Step right behind left, step left to left, step right to right (sailor)
27&28	Step left behind right, step right to right, step left across right
29-30	Side/rock right to right, side rock/return weight to left
31&32	Step right behind left, step left to left, step right to right (sailor)

ROCK RETURN, 3/4 TURN, ROCK RETURN, COASTER STEP

33-34	Rock/step left behind right, rock forward onto right
35-36	Making ¼ right step back on left, making ½ right step right to right side
37-38	Rock/step forward on left, rock back on right
39&40	Step back on left, step right beside left, step forward on left (coaster)

ROCK RETURN&, STEP BACK BUMP HEEL, STEP BUMP STEP BUMP, STEP BUMP STEP BUMP

41-42&	Rock/step forward on right, rock back on left, step right beside left
43-44	Step back on left, keeping right forward bump right heel (weight on left)
&45	Step back on right, twist left heel in and bump it
&46	Step back on left, twist right heel in and bump it
&47	Step back on right, twist left heel in and bump it
&48	Step back on left, twist right heel in and bump it

& SHUFFLE FORWARD, STEP PIVOT 1/4, SAMBA CROSS, SAMBA CROSS

&49&50	Step right beside left, shuffle forward left, right, left
51-52	Step forward on right, pivot ¼ transferring weight to left
53&54	Rock/step right to right, rock/return weight to left, step right across left
55&56	Rock/step left to left, rock/return weight to right, step left across right

SIDE ROCK/RETURN&, SIDE ROCK/RETURN&, SIDE ROCK/RETURN&, SIDE ROCK/RETURN&

57-58&	Rock/step right to right, rock/return weight to left, step right beside left
59-60&	Rock/step left to left, rock/return weight to right, step left beside right
61-62&	Rock/step right to right, rock/return weight to left, step right beside left
63&64&	Rock/step left to left, rock/return weight to right, step left beside right

REPEAT

RESTART

Restart on wall 3 after count 20 (shuffle forward)